

OTTAWA

metro®

Thursday, November 1, 2012



News
worth
sharing.

metronews.ca | twitter.com/metroottawa | facebook.com/metroottawa

— 50% OFF —
MEGA SALE

Unlimited Talk & Text starting from \$12.50/mo



mobilicity™
Now that's **smart.**

-50% OFF-

UNLIMITED DATA+TALK+TEXT



Samsung C414Y
was ~~\$79.99~~
now **\$49.99**



HTC Amaze
was ~~\$349.99~~
now **\$299.99**



Samsung GALAXY Mini
was ~~\$129.99~~
now **\$99.99**



mobilicity.ca

50% off offer valid for new activations only. Receive 50% off for 6 months while customer is on automatic monthly payments (preauthorized credit/debit payment). Limited time offer. Dealer may sell handsets for less. Restrictions may apply on combining offers with other offers or promotions. All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones. Premium and special numbers are excluded. Additional terms and conditions apply. Subject to change without notice. © 2012 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobilicity™
Now that's smart.

Mobilicity Stores

Toronto
1209 Bloor St W
104 Dundas St E
672 Gerrard St E
1484 Queen St W
1887 Queen St E
1267 St. Clair Ave W
542 Yonge St
1004 Pape Ave
2032 Weston Rd

1030 Sheppard Ave
W, Unit 3A
1343 Lawrence Ave W
1062 Albion Rd,
Unit A
2129 Danforth Ave
491 Dundas St W,
Unit A
1818 Eglinton Ave W,
Unit 2

588 Parliament St.
Centrepont Mall
655 Victoria Park Ave.,
Unit 2
Parkway Mall
642 Danforth Ave
2111 Jane St, Unit 6
900 Dufferin St

Mississauga
Westwood Mall
High Point Mall
Square One
20 Dundas St E
2550 Hurontario St
888 Dundas St E, Unit
B2-3
7070 Saint Barbara
Blvd, Unit 22

Mississauga Market
Place
Etobicoke
Woodbine Centre
2456 Lakeshore
Blvd W
30A Rexdale Blvd

Brampton
Kingspoint Plaza
252 Queen St E
Shoppers World
Markham
First Markham Place,
Unit 118
Pacific Mall, Unit D56

Scarborough
Agriculture Mall,
Unit 0570
5981 Steeles Ave E,
Unit 106
Bridlewood Mall
Scarborough Town
Centre, Section C
Chartwell Shopping
Centre

1885 Kennedy Rd
2667 Eglinton Ave E,
Unit 1

BIEBER FREE
LIVE 88.5fm



To boldly grow
Gentlemen, it's Movember — let the facial sprouting (and grooming) begin **PAGE 25**

CROSS IS BOSS

WE'RE PROUD TO INTRODUCE
METRO'S BRAND-SPANKING-NEW
CROSSWORD PUZZLE **PAGE 33**



OTTAWA

metro

®

Thursday, November 1, 2012



metronews.ca | twitter.com/metroottawa | facebook.com/metroottawa

Infected and now convicted

HIV. Steven Boone found guilty of administering a noxious substance when he had unprotected sex and lied about his status



JOE LOFARO
joe.lofaro@metronews.ca

Steven Boone was visibly upset and shaking his head after a jury found him guilty on nine charges Wednesday evening, including three counts of attempted murder.

After two days of deliberations, the jury found him guilty of three counts of aggravated sexual assault and three counts of administering a noxious substance, namely HIV.

He was acquitted only on two counts of aggravated sexual assault.

At trial, the jury heard Boone sought sexual partners on online "hookup" websites and lied to

them about his HIV status. The Crown said he tried to infect his partners with HIV. The Crown entered thousands of pages of MSN chat logs as evidence to argue that Boone had a desire to pass on the virus to others, sometimes without their knowledge.

In those chats, Boone referred to himself as a "poz vampire," and told others that he doesn't like using condoms because they can cause cancer.

One of the complainants who had unprotected anal sex with Boone tested positive after their encounter and the Crown sought to prove he contracted it from Boone. The complainant told the jury he had sex with other men following his encounter with Boone.

Boone will have to wait to be sentenced until after Nov. 13 when he will have to return to court to face another related charge.

Carter declined to comment after the verdict was given. Crown prosecutor Meaghan Cunningham also declined to comment because of the subsequent trial.

Cunningham's partner Louise

Tansey-Miller opened the Crown's case by saying Boone's actions were intentional and exposed his partners to the realistic possibility of HIV infection.

"Mr. Boone used sex, his own toxicity and deceit to perpetrate his crimes," argued Tansey-Miller. "He lied to some of his HIV-negative sexual partners about his HIV-positive status and he remained silent with others even as they disclosed their status to him."

In his closing arguments, Ian Carter said his client was just using charged up "fantasy talk" and he was looking to date men, not kill them.

"No motive, not a peep from Mr. Boone in all those thousands of pages of chat logs about wanting to kill anyone and the chance of potential death so minuscule and so far removed from the actual sexual acts that no real connection to a killing could possibly be made," said Carter.

The trial came on the heels of a recent Supreme Court ruling that said that HIV-positive men must disclose their status unless their viral load is low and they use a condom.

Beaver video damning evidence?

Wildlife group's claims that footage is fake called 'preposterous' by city manager **PAGE 3**

A role that's not so plane and simple

Denzel Washington plays an alcoholic pilot who makes a miraculous landing **PAGE 19**

Sushi fare that's square

Are your rolling skills a little on the rough side? These straight-edged sushi are a simple-to-make but elegant appetizer **PAGE 28**

Steven Boone has been found guilty of three counts of aggravated sexual assault and three counts of administering a noxious substance, HIV. Boone had unprotected sex with partners and lied about his status. **POLICE HANDOUT**

PLANTING NATIVE TREES:

*A manly way
to get
The Manly
Look.*



EVERGREEN

Bring nature back to your city. Get involved at EVERGREEN.CA

Beaver video sparks conspiracy theories

Damning evidence?
Wildlife group's claims of dupe 'crazy': City manager



GRAHAM LANKTREE
graham.lanktree@metronews.ca

Not since accusations that the moon landing was faked has a video caused such controversy.

A local wildlife group accused the city Wednesday of duping them with footage said to show the relocation and release of three beavers that became the cause celebre of a Stittsville community this summer.

"We're saying this video proves nothing, but raises more concerns about what happened to the beavers," said Donna DuBreuil, president of the Ottawa-Carleton Wildlife Centre, of footage released by the city to the group in early October. "This is not a video of an adult and a kit. These are not the Paul Lindsay Park beavers."

The city promised to relocate a beaver mother and

her two kits from Stittsville's Paul Lindsay Park this summer after work crews destroyed their lodge in a park pond June 29. The city said the beavers were causing damage to trees in people's back yards facing the pond. After the lodge was dismantled the father of the kits disappeared.

DuBreuil said the group had been pressing for the video's release since the beavers were relocated by live trapping to Morris Island in early September. No one from the group witnessed the transfer.

"It is also very suspicious that the video does not show the beavers exiting the traps they are in," said Liz White of the Ontario Wildlife Coalition in a release.

"This is absolutely preposterous," said deputy city manager of operations Steve Kanellakos, referring to the accusation.

"Whether they believe it or not, I have no control over that," said Stittsville councillor Shad Qadri. "We trapped them live and relocated them live."



Protesters at a July 30 demonstration call for better wildlife management following a dispute about how to deal with a beaver family in Stittsville. Now that the city has released a video, inset, of the beavers being relocated into the wild, some wildlife activists are accusing the city of faking the video. The city dismisses the claim as preposterous. To see the video go to metronews.ca. GRAHAM LANKTREE/METRO FILE

PTSD led to hammer beating, says doctor



A court sketch of Toby Land from earlier in the trial. SEAN MCKIBBON/METRO

A forensic psychiatrist testified Wednesday that post-traumatic stress disorder (PTSD) was a "major component" in the motive behind Toby Land's hammer attack against his roommate in their Murray Street apartment.

The diagnosis came after 11 hours of assessment by Dr. Julian Gojer in October. He said Land's history of childhood sexual abuse and his anger toward child molesters are factors that led to the attack on Dominic

Doyon.

After Land moved into the Murray Street apartment, Doyon started to date a 14-year-old girl. Doyon was 33.

Just before the attack, Land confronted Doyon about the relationship.

"He perceived (Doyon) to be a child molester," said Gojer, "and there was a feeling that he needed to protect her."

Land was charged with second-degree murder after police found Doyon dead

in their apartment. He has pleaded not guilty.

He admitted to hitting the victim's head and hands with a hammer during an altercation, while his other roommate, Carl St. Cyr, admitted to stabbing the victim with a sword at least three times.

Dr. Julian Gojer told the jury that Land's dependence on alcohol was a disinhibitor in the attack also.

It was a "frenzied" attack that "went further than needed" and was likely driv-

en by emotion, he said.

Gojer agreed with Crown prosecutor Carl Lem that Land's actions were not random on the night of the killing and they reflected a conscious choice.

"Of course it's a conscious choice, but PTSD has clouded his thought process," said Gojer.

"Anger is a factor in this case," he said, "and the reason he's angry is his own childhood experiences."

The trial continues Thursday. JOE LAFARO/METRO

BRING YOUR KIDS AND YOUR COSTUMES AND PREPARE FOR A GHOULISH GOOD TIME!

**BILINGUAL
MAGIC
SHOW**

**27 OCTOBER 2012
14:00 TO 15:00
ADMISSION IS F-F-F-FREE.**



 **BANK OF CANADA
BANQUE DU CANADA**

Currency Museum
245 Sparks Street Ottawa, Ontario K1A 0G9
613 782-8914 | www.currencymuseum.ca

1 NEWS

Economy. Ottawa trailing major Canadian cities

The Ottawa-Gatineau economy is expected to grow slightly in 2013, according to projections from the Conference Board of Canada.

The organization is forecasting real GDP growth of just under 1.5 per cent next year, up slightly from 2012's one per cent rate.

That's significantly slower than most cities in Western Canada, including Calgary, Saskatoon and Vancouver, where real GDP is expected to grow by over three per cent. It's also dead last among major eastern cities like Halifax, Quebec and Hamilton, all projected to grow

by more than two per cent.

But Conference Board economist Mario Lefebvre told the Ottawa Chamber of Commerce to be careful not to dwell on those rankings.

"Yes, now it shows Ottawa last," Lefebvre said Wednesday, noting Ottawa fared the global recession better than other Canadian cities.

The region's unemployment rate is projected to increase slightly in 2013 to just under 6.5 per cent. That corresponds with a projected four per cent drop in public administration employment growth.

ALEX BOUTILIER/METRO

Survey. Local businesses remain optimistic

The city's head of economic development said that despite concerns raised by Ottawa's business community, outlook for 2013 is largely positive.

In a presentation to the Ottawa Chamber of Commerce Wednesday, Saad Bashir said the vast majority of businesses surveyed are still feeling the effects of the recession.

"Despite the global economic challenges, we find the local business community quite optimistic about what 2013 will hold for them," he said, adding one in three of those surveyed expect to make large capital expenditures, and two in three expect to maintain existing staffing levels.

Bashir said the overall outlook for next year is divided, with four in 10 of those surveyed expecting things to remain the same while the same number anticipate growth.

According to the city, the top three challenges indicated were the lagging global economy, red tape at various levels of government, and fears of job losses as the federal government sheds public-sector jobs.

The top four priorities from businesses were increasing the availability of qualified labour, general affordability in the city, the overall quality of life, and road and transit infrastructure.

ALEX BOUTILIER/METRO



Mayor Jim Watson addresses the Ottawa Chamber of Commerce Wednesday. ALEX BOUTILIER/METRO

Attn: Job creators — the city wants you

Incentive program.

Mayor pledges to cut red tape for projects that put 100-plus people to work



ALEX BOUTILIER
alex.boutillier@metronews.ca

Ottawa City Hall wants to give preferential treatment to companies bringing 100 or more jobs to the municipality.

In a speech to the Ottawa Chamber of Commerce Wednesday morning, Mayor Jim Watson unveiled a new "capital investment track" program designed to expedite certain projects, investments

Quoted

"We have to move faster than we have in the past, and we have to have a more co-ordinated approach, so that businesses that are deciding whether they're going to locate in Montreal or Toronto or Upper New York State have Ottawa at the front of mind."

Mayor Jim Watson

and developments through the application process.

"We will shepherd the project through city processes and requirements to get it underway and completed," Watson told the crowd.

"Planning, rezoning, waste-water services, telecommunications, signage, permits — you name it."

It's out of a desire to

move at the "speed of business" rather than the "speed of government," Watson told reporters after his speech.

When asked if the initiative was essentially picking winners and losers, Watson said Ottawa has to be more aggressive in bringing private companies to town in the wake of uncertainty in the federal public sector.

Watson also said that in some instances the chosen applications will jump the queue to get approvals in a more timely manner.

"If we're fighting with other cities to get the business and they have to have their business up by a certain point, we will fast-track them," Watson said.

"We're up against a lot of North American cities that are offering similar services."

City hall is also rolling out a \$38,000 initiative called Locate Ottawa — a mapping tool that lets users zoom in on specific locations in Ottawa to get a breakdown of demographics, the local workforce profile, consumer expenditures and other data.

Cuckoo Clock Shop
DIRECT IMPORTERS
WE'VE MOVED!
30% OFF
All Clocks
Unique Selection of Clocks, Watches & Gift Items
Sale ends December 31, 2012
1580 Groves Road, Russell
Call for an appointment • 613-445-3123

Read metro your money
every Tuesday for financial
tips, trends and advice.

Only in Metro. News worth sharing.

ESP Psychic Fair and Holistic Wellness Show

NOVEMBER 2, 3, 4

CLAIRVOYANCE
PALMISTRY
PAST LIVES
ASTROLOGY
TAROT CARDS



AURAS
NUMEROLOGY
HEALING
CRYSTAL BALLS
CRYSTALS

Friday 2-10 • Saturday 11-10 • Sunday 11-7

Admission \$5 \$3 with this ad (1 ad per customer)

Best Western Baron's 3700 Richmond Road • 613-828-2741

metro

**CANADA'S FIRST
NEWS APP* IN
NEWSSTAND**

Now available for iPad,
iPhone and iPod touch!

Available on the
App Store



*First to market as of
press time.

ROGERS™
authorized dealer

BELLEVILLE

324 North Front St.

(613) 969-0120

BROCKVILLE

2399 Parkdale Ave.

(613) 345-3161

CORNWALL

Cornwall Square

(613) 936-2083

GLOUCESTER

Gloucester City Centre

1980 Ogilvie Rd., Unit 136

(613) 842-7285

KANATA

Hazeldean Mall

(613) 271-1153

Kanata Centrum

Shopping Centre

(613) 599-9690

KINGSTON

Cataragui Town Centre

(613) 634-9897

Kingston Centre

(613) 546-6043

122 Princess St.

(613) 549-0315

NEPEAN

130 Riocan Ave.

(613) 823-9240

ORLEANS

2020 Lanthier Dr., Unit E2

(613) 590-0289

OTTAWA

901 Carling Ave.

(613) 238-7533

104 Bank St.

(613) 230-0202

1465 Merivale Rd.

(613) 224-9222

205 Richmond Rd.

(613) 724-2674

1719 St. Laurent Blvd.

(613) 276-8585

PEMBROKE

670 Pembroke St. W

(613) 732-1602

1100 Pembroke St. E, Unit 210

(613) 732-1602

3435A Petawawa Blvd.

(613) 732-1492

ROGERS™
authorized dealer

NEPEAN

Bayshore Shopping Centre

(613) 726-7665

OTTAWA

2121 Carling Ave., Unit 87

(613) 798-1946

1200 St. Laurent Blvd., Unit 248

(613) 746-8546

50 Rideau St., Unit 327C

(613) 232-4800

110 Place D'Orleans Blvd., Unit 290

(613) 590-2237

2269 Riverside Dr., Unit 44

(613) 737-2071

690 Bank St.

(613) 668-5499

BELLEVILLE

Quinte Mall

(613) 969-2130

Superfast LTE devices priced to go **SUPERFAST**

STARTING FROM **1¢** WITH SELECT 3-YR. FLEXTAB™ AGREEMENTS

LTE
beyond 4G



MOTOROLA RAZR™ HD LTE
All-day performance on a single charge¹
\$99.99*
with select 3-yr. FLEXTAB agreements
\$549.99 Month to month
SAVE \$450.00

SONY XPERIA™ ION
4.6" Mobile BRAVIA® HD screen
1¢*
with select 3-yr. FLEXTAB agreements
\$499.99 Month to month
SAVE \$499.98

NOKIA LUMIA 900
Built-in Microsoft Office and Xbox Live
1¢*
with select 3-yr. FLEXTAB agreements
\$474.99 Month to month
SAVE \$474.98

SAMSUNG GALAXY S II LTE™
1.5 GHz dual-core processor
1¢*
with select 3-yr. FLEXTAB agreements
\$449.99 Month to month
SAVE \$449.98

SAMSUNG GALAXY TAB 8.9 LTE™
Samsung's thinnest tablet yet
\$99.99*
with select 3-yr. FLEXTAB agreements
\$649.99 Month to month
SAVE \$550.00

HURRY IN AND GET YOURS TODAY
and experience the fastest LTE network in Ottawa.²

Rogers LTE network available in select cities. See rogers.com/coverage.

rogers.com/1cent

TEXT FIRST FAST ACCESS FREEDOM EXCITING FRIENDS
TALK SHARE RELIABLE NETWORK CHAT
Creating World-Leading Internet Experiences.

ROGERS™

LIMITED TIME: NO ACTIVATION FEE³
ON IN-STOCK DEVICES. OFFER ENDS NOV. 15

ROGERS™ authorized dealer ROGERS™ WIRELESS etc... COSTCO FUTURE SHOP SONY booth BEST BUY Walmart BATTERIES BY gadgets

Offers available for a limited time and subject to change without notice. Usage subject to Rogers Terms of Service and Acceptable Use Policy. *With new activation on any 3-yr. talk and internet plan having min. \$50 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXTAB balance corresponds to the sum of the Device Savings Recovery Fee and the Additional Device Savings Recovery Fee. A one-time Activation Fee of up to \$35 (varies by province) may apply. 1 Based on an average user profile that includes both usage and standby. Actual battery performance will vary and depends on signal strength, network configuration, features selected, and voice, data and other application usage patterns. 2 Within Rogers LTE coverage area. LTE SIM card activation on an LTE plan required. Actual experienced speeds depend on the network spectrum and technical specifications of the device used and may vary based on topography and environmental conditions, network congestion and other factors. Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks. 3 Activation Fee (up to \$35; varies by province) will apply and be credited on the same bill for new activations by Nov. 15/12. © 2012 Rogers Communications.

Vacationers. Tourists can finally get off Facebook and see a bit of the city

Museums, the Empire State Building, Broadway theatres and many stores reopened Wednesday to the relief of tourists who'd been stuck in hotel rooms since the weekend due to Superstorm Sandy. But parks, the 9-11 Memorial, the Statue of Liberty, Ellis Island and other top attractions remained shuttered.

"We tried to go to Central Park but it was closed," said Angela Walsh, who travelled from Lincoln, England, with her husband and two kids, as they took pictures at Rocke-

Bright side

"We are pleased because we are alive."

Tourist Martine Juillard of Paris, waiting with her daughters for the Abercrombie & Fitch store to open on Fifth Avenue

efeller Center Wednesday morning, where the rink was opening for skating. She said they'd spent much of the last two days in their hotel room. "Thank God for Facebook," she added. "That kept them entertained." **THE ASSOCIATED PRESS**



Commuters cross New York's Brooklyn Bridge Wednesday. Rush-hour traffic appeared heavier than on an ordinary day. RICHARD DREW/THE ASSOCIATED PRESS

N.Y.C. Marathon

Disaster will be backdrop to run

The New York City Marathon is a go for Sunday. While logistical questions persist, one thing is certain: The 42-kilometre route will have a disaster for a backdrop. And a debate: Some say it pulls resources and focus away from people in need.

THE ASSOCIATED PRESS

Alert over

Danger cools at N.J. nuclear plant

A nuclear power plant in New Jersey is no longer under an alert caused by Superstorm Sandy. The alert at Oyster Creek plant in Forked River was triggered as water rose outside the plant, threatening cooling equipment. It ended early Wednesday.

THE ASSOCIATED PRESS

Storm victims in need of shelter and comfort

New problems arise.

Blazes rekindled by natural-gas leaks destroy dozens of homes in N.J.

People along the battered U.S. East Coast took the first cautious steps to reclaim their daily routines Wednesday, even as the search for victims continued. Superstorm Sandy's death toll rose to at least 63.

The New York Stock Exchange came back to life, and two major New York airports reopened to begin the long process of moving stranded travellers around the world.

U.S. President Barack Obama landed in New Jersey, which was hardest hit by Monday's hurricane-driven storm, and he took a helicopter tour of the devastation with Gov. Chris Christie. "We're going to be here for the long haul," Obama told people at one emergency shelter.

For the first time since the storm pummelled the heavily populated U.S. northeast, doing billions of dollars in damage, brilliant sunshine washed over New York City, for a while.

At the stock exchange, running on generator power, Mayor Michael Bloomberg gave a thumbs-up and rang the opening bell to whoops from traders. Limited service on the subway will resume Thursday.

It was clear that restoring the region to its ordinarily frenetic pace could take days — and that rebuilding the hardest-hit communities and the transportation networks



U.S. President Barack Obama embraces Donna Vanzant during a tour Wednesday of a neighbourhood affected by Superstorm Sandy in Brigantine, N.J. Vanzant is an owner of North Point Marina, which was damaged by the storm. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

could take considerably longer.

About six million homes and businesses were still without power. In New Jersey, National Guard troops arrived in the heavily flooded city of Hoboken to help evacuate about 20,000 people still stuck in their homes and deliver ready-to-eat meals. Live wires dangled in floodwaters that Mayor Dawn Zimmer said were rapidly mixing with sewage.

Tempers flared. A man screamed at emergency of-

Unlikely bromance

U.S. President Barack Obama joined one of his top Republican critics to visit storm victims in New Jersey, giving Americans a high-profile display of presidential leadership.

- Gov. Chris Christie has been one of Mitt Romney's most prominent supporters, but he has been effusive in his praise of Obama's response to the storm.

ficials in Hoboken about why food and water had not been delivered to residents just a few blocks away. The man,

who would not give his name, said he blew up an air mattress to float over to a staging area.

THE ASSOCIATED PRESS

STANDARD. AUTOMATIC.



Like taking control with sheets? Or want to kick back and let the dryer bar give you automatic Bounce freshness for about 4 months* at a time? Whichever type you are, you'll be the type of person who has awesomely fresh laundry every time.

HOW DO YOU GET YOUR BOUNCE?



Learn more at facebook.com/bounce

LANCÔME

Customize your 8-piece gift now

Final days. Ends Sunday, November 4, 2012.

Free! Receive an 8-piece gift with your Lancôme purchase of \$35 or more.

An estimated value of up to \$196. Exclusively Ours. Shop thebay.com*

CHOOSE YOUR
COSMETICS BAG



CHOOSE
YOUR SERUM

CHOOSE YOUR
SKINCARE ROUTINE

CHOOSE YOUR
IDEAL MAKEUP
ROUTINE

RECEIVE AN EYE
MAKEUP REMOVER
AND MASCARA



May we suggest:

New Génifique Eye Light-Pearl™

Lancôme introduces its first eye-illuminating serum, engineered with a unique rotating and massaging applicator to reach even the most inaccessible eye areas. A 360° eye transformation to reduce under-eye bags, revealing an eye contour that appears smoother, more luminous and younger, 20 ml. \$85
Shop thebay.com.



twitter.com/thehudsonsbayco



facebook.com/hudsonsbaycompany



pinterest.com/hudsonsbaycompany



b-insider.com

the  bay

*Online gift will vary. Before taxes. One per customer, while supplies last. Components may vary. All selected items must be different. Values are based on our per ml and/or g price for regular-sized products. Offer ends November 4, 2012.

'Ow, it hurts' — shocking vids seen at teen's inquest

Caution: Graphic content. Hooded Ashley Smith had her hands duct-taped to an airplane seat by prison guards

The haunting protests of a now-dead teenager filled a Toronto coroner's courtroom Wednesday.

Surveillance videos were screened showing the troubled inmate repeatedly tranquilized against her will or being threatened with having her face duct-taped.

The disturbing images of Ashley Smith — images finally released after a two-year fight — showed the 19-year-old at several points in the run-up to her October 2007 choking death in a prison cell in Kitchener.

"Ow, it hurts," a hooded Smith yells at one point as prison guards duct-tape her reddened hands to an air-



Ashley Smith is shown in this still image taken from a coroner's video. THE CANADIAN PRESS/HANDOUT

plane seat.

"Trust me: I am calm," she says in a thin voice at another point, as guards threaten her.

The airplane video, from April 2007, shows Smith's

transfer from a Saskatoon prison, where a supervising guard had assaulted her by bashing her head into the floor.

Although she doesn't ap-

pear to be putting up much resistance and she's wearing two "spit hoods" over her face, the guards duct-tape her hands to the arm rests.

The pilot then weighs in.

Guards watched

Ashley Smith, 19, died Oct. 19, 2007, inside a segregation cell at the Grand Valley Institution for Women in Kitchener, Ont.

- **Horrific.** She choked herself to death with a strip of cloth while guards, instructed not to intervene, watched.

"Don't bite me," he says. "I'm not," Smith responds. "It'll get worse if you do." "How can it get worse?" "I'll duct-tape your face."

Correctional Service Canada is fighting to narrow the scope of the inquest into her death, arguing the coroner has no jurisdiction to delve into the federal prison system.

"Don't let them get away with it," Julian Falconer, Smith's family lawyer, told presiding coroner, Dr. John Carlisle. THE CANADIAN PRESS

Grief. Hydro mourns one of its own, a storm victim

A hydro worker was killed Wednesday in southwestern Ontario while working on a power line damaged by Superstorm Sandy.

The worker, whose name was not released, was electrocuted while tending to a downed power line in Sarnia, said the labour ministry.

Bluewater Power CEO Janice McMichael Dennis said the death was an "unbelievable" shock.

"As you can imagine his family is grieving and we are grieving here as his family," she said.

"It is an unspeakable tragedy."

Provincial Energy Minister Chris Bentley took to Twitter to extend his condolences to the worker's family.

"Thoughts and prayers with family of Hydro worker killed in Sarnia," Bentley wrote.

It was the second known death in Canada related to Sandy. A Toronto woman was killed by a falling sign on Monday.

THE CANADIAN PRESS

2 THRILLS FOR BUCKS

PLAY MEGADICE LOTTO. YOU COULD BE A WINNER!

1

ASK THE
RETAILER FOR A
MEGADICE
LOTTO TICKET

2

WATCH THE
SCREEN TO
WIN UP TO \$7,500
ON THE SPOT

3

KEEP YOUR
TICKET TO
WIN UP TO \$100,000
IN THE NIGHTLY DRAW



Know your limit
Play within it
knowyourlimit.ca

olg.ca
1-800-387-0098
OLG

Learn how modernizing Lottery and Gaming can benefit you. Visit **ModernOLG.ca**

Harper defends agreement with Beijing

Foreign Investment Promotion and Protection Agreement (FIPA). The PM says it will even the playing field for Canadian firms

Prime Minister Stephen Harper defended the investment-protection agreement he signed with Beijing, say-

ing it will even the playing field for Canadian companies wanting to invest in China.

"For almost two decades, Canadian governments have been trying to get a foreign-investment protection and promotion agreement with China for one very simple reason: Canadian investors have not had the kind of protection in China that Chinese investors have in Canada," Harper said during the daily

NDP quoted

"They are trying to tie the hands of Canadians for 31 years with no study, no debate and no consultation."

NDP Leader Thomas Mulcair, who urged Harper to provide MPs a chance to scrutinize the agreement before it comes into force

Commons question period.
"This agreement allows us

to move forward. That is why it has seen an almost entirely positive response from Canadian investors. They want to see this go forward and we are committed to giving them the kind of protection they need."

The Prime Minister was fielding questions on the Foreign Investment Promotion and Protection Agreement (FIPA) he arranged with China. **THE CANADIAN PRESS**



Prime Minister Stephen Harper rises during question period in the House of Commons Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

South Africa

Blacks face deep poverty, unemployment: 2011 census

White South Africans earn six times more than black South Africans two decades after the end of apartheid, and much remains to be done to reduce the disparities between rich and poor, the South African president said on release of the new census. "At the bottom of the rung is the black majority who continue to be confronted by deep poverty, unemployment and inequality, despite the progress," said President Jacob Zuma.

THE ASSOCIATED PRESS

Enough politics!

Sobs of girl, 4, over too-long election go viral

The oh-so-long U.S. presidential campaign has made at least one young girl cry. In a video released Wednesday that has gone viral online, four-year-old Abby Evans is seen frowning, tears rolling down her cheeks. Her mother, Elizabeth Evans, asks why she is crying. Abby replies: "Because I'm tired of Bronco Obama and Mitt Romney." Her mother then says the election will be over soon. "Yay," Abby says through sobs.

THE ASSOCIATED PRESS



Indira Gandhi remembered

Prime Minister Manmohan Singh offers floral respects at the memorial of former prime minister Indira Gandhi on her death anniversary in New Delhi, India, Wednesday. Gandhi was gunned down by her trusted Sikh bodyguards in 1984. Singh is the first Sikh to hold the office.

MUSTAFA QURAISHI/THE ASSOCIATED PRESS

Henderickx's
no frills
lower food prices

nofrills.ca

Anniversary Sale

HOT price!
247

SAVE \$4.02 Gallo extra virgin olive oil 750 mL

HOT price!
247

SAVE \$2.20 Christie cookies 500 g selected varieties

HOT price!
4.97 lb

SAVE \$4.92/lb striploin steak Club Pack® cut from Canada AA grade beef or higher or USDA select \$10.96/kg

HOT price!
247

Black Diamond cheese bars 300 g selected varieties

25 years of Franchising

1226 Place D'Orleans Dr. (across from Place D'Orleans mall)

Prices effective from Friday November 2 to Thursday November 8, 2012. While supplies last!

FRI	SAT	SUN	MON	TUE	WED	THU
2	3	4	5	6	7	8



Flu vaccine gets all-clear: Was hold a little too hasty?

Flu season. Canada says Novartis is safe to use: Italy, which sparked worldwide fears, is now reviewing its decision to ban it

Health Canada lifted its hold on Novartis flu vaccines on Wednesday.

It said a review of the products reassured the department the vaccines are safe to use.

Switzerland, which also suspended use of the vaccines last week, followed suit.

And it was reported that even Italy, which was the first in a chain of countries to halt use of the Novartis vaccines, is now reviewing its decision, too.

In fact, a senior Health Canada official admitted the agency might never have



It's flu-shot season — and the Novartis vaccine has got the green light.
JEFF MCINTOSH/THE CANADIAN PRESS

put a hold on the products if it had had details last week about why its Italian counterpart had blocked delivery of Novartis vaccines in that country.

Health Canada was finally able to get those details from Italy on Tuesday and also used other sources of information to conduct a risk assessment on the products, sold in Canada under the names Flud

and Agriflu.

It turned out that Italy had taken the action solely based on a report from Novartis that it had found an imperfect batch of vaccine made at its Siena, Italy, plant. Other batches were apparently OK.

The Novartis vaccines make up a total of 20 per cent of Canada's combined flu vaccine purchase this year.

THE CANADIAN PRESS



Don't blame Sandy

It's cleanup time in Toronto — and you can't put all the blame on Superstorm Sandy. While its torrential rains were causing havoc, a fierce fire broke out on the city's fashionable Queen Street West. A commercial building that housed apartments and a Roots store was destroyed. The cause is unknown. **RENÉ JOHNSTON/TORSTAR NEWS SERVICE**

Storm aftermath

Toronto offers N.Y.C. transit help

Toronto's transit bosses have offered to help New York get its transit service back on line.

The offer extends "to whatever they need — track, signal, structural, electrical expertise, vehicle engineers," said Toronto Transit Commission spokesperson Brad Ross.

Meanwhile, Toronto council voted to help New York City with its cleanup after Superstorm Sandy.

TORSTAR NEWS SERVICE

SPCA on alert

DIY surgery puts dogs at risk

Saskatchewan SPCA officials are worried by reports of people neutering their dogs with do-it-yourself surgery.

SPCA manager Kaley Pugh says she has seen five reports this year of dog owners using elastrator bands to neuter their male dogs, a practice usually found on the farm when castrating bulls.

THE CANADIAN PRESS



FLIGHT CENTRE® *Unbeatable*

Airfares

Toronto
\$239
Travel Nov 20 - Nov 27/16.

Puerto Rico
Travel Dec 9 - Dec 16/16
\$242

Orlando
Travel Nov 18 - Nov 23/16
\$299*

Las Vegas
Travel Nov 28 - Dec 5/16
\$389

Vancouver
Travel Dec 4 - Dec 11/16
\$563

Jamaica
Travel Nov 10 - Nov 17/16
\$585*

Cancun
Travel Nov 30 - Dec 7/16
\$604*

Los Angeles
Travel Dec 4 - Dec 11/16
\$621

Costa Rica
Travel Jan 16, 2013 - Jan 30, 2013/16
\$690

Paris
Travel Nov 23 - Nov 29/16
\$728*

All-Inclusive Vacations

Varadero 7 Nights 4-Star
\$695
Allegro Varadero
Departs Dec 7/16/16.

Jamaica 7 Nights 4-Star
Sunset Surprises
Departs Nov 4/16/16.
\$685*

Cozumel 7 Nights 4-Star
Helia Cozumel
Departs Nov 3/16/16.
\$735

Riviera Maya 7 Nights 4-Star
Allegro Playacar Beach Club
Departs Dec 7/16/16.
\$819

Cruise & Stay

New Orleans
Air + 2 Nights + 5-Night Cruise
Holiday Inn French Quarter, Carnival Election
\$1179
INCLUDES roundtrip airfare, French Quarter accom near Bourbon Street and cruise sailing round trip New Orleans visiting Progreso and Cozumel (Mexico). Departs Dec 8/16/16.

USA

Las Vegas
Air + 3 Nights 4-Star
\$589
Flamingo
INCLUDES accom on the Strip.
Departs Dec 16/16/16.

Chicago Air + 3 Nights
Essex Inn
\$589
INCLUDES accom near Grant Park. Departs Dec 11/16/16. **UPGRADE** to 4-star Westin Michigan Ave for \$39 per night.

Boston Air + 3 Nights
Courtyard Boston
\$674
INCLUDES Tremont accom. Departs Dec 14/16/16. **ADD** 3-day compact car rental with unlimited mileage for \$27 per day.

Hawaii Air + 7 Nights
Aqua Aloha Surf Waikiki
\$1165
INCLUDES 7 nights Waikiki accom. Departs Nov 28/16/16.

Florida Long Stay. Air + 21 Nights
Dolphin Beach Resort
\$1549
INCLUDES resort-style St Petersburg accom with kitchenette at a beachfront location. Departs Nov 20/16/16.

Vacations

Costa Rica
Air + 7-Day Car
\$824
Hill Car
INCLUDES roundtrip San Jose airfare and 7-day car rental with unlimited mileage. Departs Dec 31/16/16.

Montreal New Year's, 2 Nights
Travelodge Montreal
\$94**
INCLUDES accom near the Old Port over New Year's. Travel Dec 30/16/16.

Vancouver Air + 3 Nights
Comfort Inn Downtown Vancouver
\$689
INCLUDES accom in the Entertainment District. Departs Dec 31/16/16.

French Riviera Air + 21 Nights
National Marine
\$1629*
INCLUDES airfare from Montreal and Nice area studio with full kitchen, near the beach. Departs Feb 19/16/16.

Australia Air + 9-Day RV
Highly Campervan
\$2699
incl \$1800 base + \$890 taxes & fees
INCLUDES roundtrip Sydney airfare and 9-day RV rental with linen, bedding and crockery included. Departs Feb 21/16/16.



flightcentre.ca
More great deals online!



Visit us in store.
170 stores across Canada.



Join our Insider Club for hot deals. Text YOW to
131 600



1 866 502 3887
850 Travel Experts across Canada.

LOWEST AIRFARE GUARANTEE
We will beat any online quote or you fly free!

All advertised prices include taxes & fees.

[illegible]

Graphic Guns N' Roses ad stirs controversy

Sin City. Promotional campaign lands Las Vegas city officials in hot water with victims of domestic abuse

A county commissioner in Las Vegas says she regrets the board temporarily renamed a street in honour of Guns N' Roses after finding out about the band's suggestive publicity artwork.

Ads promoting the band's four-week run at the Hard Rock Hotel & Casino depict a dishevelled woman who appears to have been sexually assaulted beneath the iconic "Welcome to Fabulous Las Vegas" sign.

"I hadn't seen the advertising before the media event," Commissioner Mary Beth



Singer Axl Rose performs at the Hollywood Palladium.
JASON MERRITT/GETTY IMAGES

Scow told the Las Vegas Sun. "It's clearly inappropriate. Maybe it's the risk of doing business with a rock band, but I guess we'll have some remorse over this decision. It's a lesson learned."

Scow represented Clark County at a ceremony Monday that renamed Paradise Road to Paradise City Road, after the band's famous 1987 song. Scow said she'd done her due diligence before the renaming, even listening to the song beforehand. She said she liked the line in the chorus, "Take me down to the paradise city, where the grass is green and the girls are pretty."

But she later learned about the graphic posters, which are a sanitized version of the much-criticized cover from Guns N' Roses' debut album "Appetite for Destruction."

An advocate for domestic-violence victims said the county should rescind the street-name change, and the band and venue should apologize for using the image.

THE ASSOCIATED PRESS



Halloween lobster is one in 50 million

This image released by the New England Aquarium shows a one-pound female lobster, known as a "split," that was caught by a Massachusetts fisherman last week. Officials say such rare Halloween colouration is estimated to occur once in every 50 million lobsters. EMILY BAUER/SEIN/THE ASSOCIATED PRESS

Neglected

Wife dead, husband faces charges

The husband of a 180-kilogram U.S. woman has been charged with abuse after her recent death.

Authorities are accusing Michael Brooks of allowing

Yolanda Reese-Brooks to fester in a bed surrounded by her own waste. The 40-year-old woman died of morbid obesity and other injuries last week.

The prosecutor's office says Brooks was his wife's primary caretaker after she sustained a crushed pelvis and ruptured bladder in a 2011 auto wreck.

Brooks is charged with second-degree abuse of a vulnerable adult. Prosecutor Eric Smith says Brooks' conduct was "shameful." Reese-Brooks' four children now are living with a relative.

It's unknown if Brooks has a lawyer. He doesn't have a listed phone number.

THE ASSOCIATED PRESS



Unlimited Worldwide Calling to Almost 60 Countries

All features FREE! Keep your existing phone number!

Limited Time Offer:
6 Months FREE



Your satisfaction is
GUARANTEED
or you pay nothing!



Unlimited Global

Unlimited long distance to almost 60 countries
Over 14 FREE features

Our Best Value **\$29.95** /month



Unlimited Local

Unlimited local calls
Over 14 FREE features including Free Voicemail, Free caller ID and more

\$14.95 /month



Unlimited Canada

Unlimited Canada-wide long distance
Over 14 FREE features

\$19.95 /month



Download our Comwave Mobile App
3 Days Free Trial

613-216-6096
www.comwave.net

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. The 6 Month Free Promotion is based on a 10% bonus and includes a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 30 days, you will receive an additional 3 months free for a total of 6 months free. HOME PHONE LINE (VAP 911) has certain limitations versus traditional 911. All Unlimited Plans do not include calls to the Yukon, Nunavut, N.W.T., Alaska and Hawaii. Unlimited usage is governed by our Fair Usage policy to prevent abuse available at www.comwave.net/terms.

Sick of Colds and Flu? Fight Back with Plant Sterols!

If you find yourself running for cover every time someone coughs, or missing days of work due to chronic colds and flu, then your immune system may need help.

Plant sterols help balance the immune system to fight chronic colds and flu, especially in the winter months when our immune systems can be under constant attack.

Plant sterols are essential to the body, but like vitamin C, the body cannot synthesize them, they have to be ingested. However, due to the modern processing of food, today's diets tend to be deficient in sterols.

Immuno-Care® is a **one-a-day** plant sterol supplement clinically tested and proven to support the body against colds, flu, seasonal allergies, infection, inflammation and the symptoms of auto-immune diseases.

Don't miss another day!
Guaranteed to work!

Your product saved my career! *I teach college level and in the winter...I was catching five, six colds a year... I was seriously considering retirement. My sister suggested Immuno-Care. Well I have not caught a single cold since then. I have been cold free for three consecutive winters now... I don't think I would dare face another Canadian winter without it. A.L. PQ*

Guaranteed to fight:

- Chronic Colds & Flu
- Seasonal Allergies
- Fibromyalgia
- Eczema & Psoriasis
- Painful Joints & Muscles

**Ask for Immuno-Care
at your local
Health Food Store**



COUPON \$2 OFF Immuno-Care®
ANY SIZE
Only at your local Health Food Store

MANUFACTURER COUPON - TO THE RETAILER: For redemption, mail to:
Preferred Nutrition, 153 Perth Street, Acton, ON L7J 1C9 Expiry: January 31, 2013 Code: 04-130

Preferred Nutrition **PNO.CA**

CUSTOMER SIGNATURE
REQUIRED FOR VALIDATION



Hall Beach in Nunavut grew because of a radar station built there in 1957. Four men who moved graves from the community claim responsibility. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Haunting, dirty job in Nunavut still unpaid for

Hall Beach. Hunters who relocated graves 44 years ago never received compensation

More than 40 years ago four hunters in Canada's northern reaches had the haunting task of relocating 20 graves from the centre of the hamlet of Hall Beach to its outskirts.

Using dog sleds, it took the men days to move the bones and partially decomposed bodies, but they were never paid.

And now 44 years later their compensation is still a matter of vigorous debate with absolutely no resolution. Ottawa says it's not responsible and Nunavut politicians say the new territory wasn't even around then, so forget it.

"They were promised compensation for doing the

work (by the then federal settlement manager) ... but they never did get paid," Louis Tapardjuk, the MLA for the area, told the Torstar News Service.

Hall Beach, which has about 600 people, is at the north-eastern tip of Melville Peninsula at the shores of Foxe Basin, a narrow strait across from Baffin Island.

Only one of the hunters is still alive and he is said to be dying of cancer. He and the families of the other three are reported to be looking for \$5,000 each.

Tapardjuk raised the matter in the Nunavut legislature as recently as this week, urging Department of Health

and Social Services' Keith Peterson to do the right thing, but he offered only sympathy for the hunters' families.

"The Government of Nunavut wasn't even in existence until 1999," Peterson said, adding the matter only landed on his desk last year.

"The Government of Canada clearly indicates in their correspondence that they have no record of this event ever occurring. It's very puzzling. I know the community says it did happen. The federal government, to whom they have been corresponding with, said that it didn't happen and the statute of limitations has run out."

TORSTAR NEWS SERVICE

Quoted

"The Government of Canada clearly indicates in their correspondence that they have no record of this event ever occurring. It's very puzzling."

Keith Peterson, Department of Health and Social Services



by dogsled 40 years ago are still waiting to be paid. Neither the federal government nor the government of Nunavut will



Birds fly past the Hall Beach cemetery. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Whose responsibility is it?

'They never even got a thank-you letter'

The graves were originally located right in the centre of the hamlet, and MLA Louis Tapardjuk said it was a federally appointed settlement manager who ordered them moved, which the federal government now denies ever happened.

"Can you imagine all the emotional stress that came along having to deal

with bloody graves and the men's clothing smelling like death. Apparently it was a horrible smell. The sleds even had to be destroyed after that. Through all that they never even got a thank-you letter or anything," Tapardjuk said.

Tapardjuk said it is "extremely frustrating" to keep raising the matter of compensation and have nothing happen.

Peterson countered: "With respect to financial compensation, that's very difficult for me to answer. We have no idea what the costs are and who acknow-

ledges responsibility. What I'm prepared to do is offer the individuals and the community of Hall Beach counselling and support to these individuals affected and help them with their grieving and healing process."

Tapardjuk said the compensation would go a long way for the families "for equipment to go hunting ... but instead they get nothing in return."

Hunting and fish are the main occupations in Hall Beach, one of the oldest communities north of the Arctic Circle.

TORSTAR NEWS SERVICE



Use your mobile phone to call
anywhere in the world



Limited Time Offer:
**\$25
FREE**

To call anywhere in the world
No contracts!

No matter where you call No matter what rate you pay
Even if you're paying less than our advertising rates
Comwave will beat all competitors rates



Unlimited
CANADA
Unlimited calling to
anywhere in Canada
\$5
/month



Cuba
89.9 Cdn



Croatia
2.9 Cdn



Mexico
1.9 Cdn



India
1.9 Cdn



Philippines
10.9 Cdn



Kazakhstan
4.9 Cdn



Bangladesh
3.9 Cdn



Dominican Republic
3.9 Cdn



Ukraine
8.9 Cdn



Israel
1.9 Cdn



Vietnam
3.9 Cdn



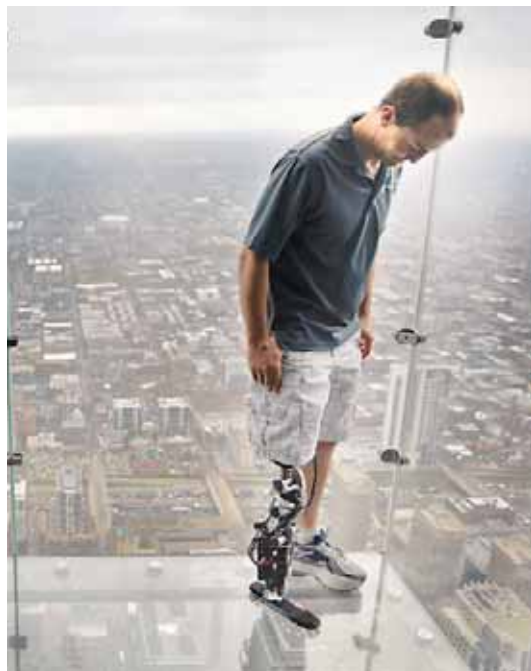
Iran
4.9 Cdn



613-216-6100
www.comwave.net

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lifetime Rate Guarantee is based on competitors lowest advertised rate for the services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their unique billing methods. \$25 free promotion is applied \$5 per month for 5 months. No minimum usage required. Call to Discover Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.ca for details.

Bionic leg faces gruelling 103-storey proving ground



In this Oct. 25 photo, Zac Vawter, fitted with an experimental "bionic" leg, looks down from the Willis Tower in Chicago. BRIAN KERSEY/THE ASSOCIATED PRESS

Future tech. Amputee will use brain-powered leg to climb one of the world's tallest skyscrapers

Zac Vawter considers himself a test pilot. After losing his right leg in a motorcycle accident, the 31-year-old software engineer signed up to become a research subject, helping to test a trailblazing prosthetic leg that's controlled by his thoughts.

He will put this groundbreaking bionic leg to the ultimate test Sunday when he attempts to climb 103 flights of stairs to the top of Chicago's Willis Tower, one of the world's

The goal

"Somewhere down the road, it will benefit me and I hope it will benefit a lot of other people as well."

Zac Vawter, about the research at the Rehabilitation Institute of Chicago

tallest skyscrapers.

If all goes well, he'll make history with the bionic leg's public debut. His whirring, robotic leg will respond to electrical impulses from muscles in his hamstring. Vawter will think, "Climb stairs," and the motors, belts and chains in his leg will synchronize the movements of its ankle and knee. Vawter hopes to make it to the top in an hour, longer than it would've taken before his amputation, less time than it would take with his normal prosthetic leg — or, as he calls it, his "dumb" leg.

A team of researchers will be cheering him on and noting the smart leg's performance. When Vawter goes home to Yelm, Washington, where he lives with his wife and two children, the experimental leg will stay behind in Chicago. Researchers will continue to refine its steering. Taking it to the market is still years away.

Bionic arms have been available for a few years. Safety is important: if a bionic hand fails, a person drops a glass of water. If a leg fails, a person falls down stairs. **THE ASSOCIATED PRESS**



Spoils of the hunt

Bear and other animal pelts are sold on Oct. 12 northwest of Moscow. Trophy hunting is gaining ground in Russia among a new wealthy class with cash to burn. ALEXANDER ZEMLIANICHENKO JR./THE ASSOCIATED PRESS

Dirty laundry

Belgian royals irate over exposé

The Belgian royal palace has lodged a complaint over a book describing alleged dalliances and private family information about leading members of the monarchy.

THE ASSOCIATED PRESS

Nocturnal state

'Lights out,' say Egyptian leaders

The Egyptian government is facing backlash for planned laws closing stores and restaurants early. Officials say the goal is social responsibility and conservation of energy. **THE ASSOCIATED PRESS**

Soirée Portes ouvertes de La Cité collégiale, le 13 novembre 2012, de 17h à 21h

Plus de 300 personnes-ressources pour répondre à vos questions

Service de navettes gratuit vers le Centre des métiers Minto – campus Alphonse-Desjardins

Démonstrations par des étudiants du programme Design de coiffure

11^e Salon du voyage

Pour plus d'information,
www.lacitecollégiale.com
613 742-2483, poste 2420 | info@lacite.on.ca

801, promenade de l'Aviation, Ottawa (Ontario)



Véronique DeCarle
porte-voix de
La Cité collégiale

la cité collégiale

le Collège des institutrices protégées



Good things come in sunny packages.

Book your flight and hotel package with WestJet Vacations.

Receive instant savings at select Sandals and Beaches Resorts in the Caribbean.

Book a minimum six-night WestJet Vacations package and receive up to \$325 instant savings per room.* Plus, depending on where, when and how long your stay is, you could also get up to two nights free and a spa certificate. ^

Book by November 8, 2012 for travel until December 23, 2013.

To book your flight and hotel package visit westjetvacations.com.

Beaches
Barefoot Resorts

Sandals
Luxury Included

WESTJET
vacations

*Package price will automatically reflect the discount when searching for qualified vacations. Maximum one instant savings per room. Minimum 6-night stay. Minimum of double occupancy required. Offer may be changed or withdrawn at any time. ^Free nights and spa certificate only available in select suite categories. Advance booking required. Non-refundable. Non-transferable. Offer limited and subject to availability. Subject to change and expiry without notice. New bookings only. Not valid on group bookings. Other restrictions may apply. Fuel surcharge between \$44-\$90 round-trip still applies to Air Miles™ redemption bookings. For full offer details please visit westjetvacations.com. Ontario travel agents are covered by TICO. Mailing address: 6085 Midfield Road, Toronto, ON L5P 1A2. TICO registration number: 50018683.



"With my previous provider I didn't have unlimited anything. And now, I have unlimited everything. It's great."

 **BRANDY P.**
From Calgary, WIND Customer since January 2012

THAT'S THE POWER OF



JUST WHAT THE GALAXY NEEDS. THE PERFECT PLAN AT ONLY \$40.

Get one of our Samsung Galaxy smartphones with
unlimited data, text and talk, from anywhere on our network.



SAMSUNG
GALAXY S III™

NEW : SAMSUNG
GALAXY NOTE II™

SAMSUNG
GALAXY NEXUS™



.....
PLUS, receive up to \$200 in service credits when
you join on any of our awesome monthly plans.
.....

Conditions at WINDmobile.ca

JOIN BY
NOVEMBER 11TH

Offer ends November 11, 2012. Available to individual consumers only. To be eligible for the service credit activate a new number or port-in your existing number with either our \$40/month plan or our \$25/month plan in person at a WIND retail store until November 11th, 2012. Up to \$5 will be credited to your active account every month for up to 20 months to a maximum of \$100 starting with your first bill if you activate a new Pay Before account. Up to \$10 will be credited to your active account every month for up to 20 months to a maximum of \$200 starting with your first bill if you activate a new Pay After account. The credit is applicable to monthly add-ons and pay per use charges only and not towards your monthly plan fee. Your account must be kept in good standing, and you must keep both the same number and the \$25 or \$40 plan that you activated in order to receive the credit. This promotion is available at WIND retail locations only. This offer cannot be combined with any other promotional offers. All services subject to WIND's terms of service, fair usage policy, and internet traffic management policy and are for personal use by an individual. Applicable taxes extra. Other conditions apply. Full details at WINDmobile.ca. Samsung, Samsung Galaxy S III, Samsung Galaxy Note II and Samsung Galaxy Nexus are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND, WIND MOBILE and WINDtab are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2012 WIND Mobile.

Market Minute

DOLLAR
100.10¢ (+0.03¢)

TSX
12,422.91 (+45.86)

OIL
\$86.24 US (+\$0.56)

GOLD
\$1,719.10 US (+\$7)

Natural gas: \$3.69 US (-1¢)
Dow Jones: 13,096.46 (-10.75)

Financial planning

40% of Canadians relying on homes to fund retirement

About four in 10 respondents to a new BMO study say they aren't confident in their ability to save for retirement and the same number are relying on the value of their home to help fund their retirement.

BMO warns that using a home as a nest egg is a risky idea and that personal savings must play a role in retirement planning. The BMO Retirement Institute survey, conducted by Harris Decima, polled 1,002 Canadian respondents.

THE CANADIAN PRESS

Have a latte and a charged phone

Power up. Starbucks starts wireless charging program in U.S. stores

If Starbucks has its way, that double espresso might not be the only thing to give you a jolt the next time you visit.

The Seattle-based coffee chain has unveiled a wireless charging pilot program at 17 Boston-area stores. All Starbucks locations have had free Wi-Fi access since 2010.

The company didn't immediately respond to a Torstar News Service request for comment, but in a published report, executive Adam Brotman didn't rule out expansion of the wireless charging program to other Starbucks locations.

"Customers are coming into our stores every day with mobile devices, and putting them down on the table. If they could be charging their device at the same time, then we've connected with that customer and met their need, maybe even before they realized they had a need for wireless charging," Brotman said in the report, from the Boston Globe.



In this July file photo, a cup of Starbucks coffee sits outside a shop in Cambridge, Mass. The chain's Boston-area stores now offer customers wireless charging for their mobile devices. THE ASSOCIATED PRESS FILE

The wireless charging uses inductive chargers supplied by Duracell Powermat. While inductive charging has the advantage of doing away with wires that people can trip over, there are a few disadvantages.

In particular, inductive charging doesn't charge batteries up as quickly as standard plug-based charging. Another issue is that inductive charging can heat your device up in addition to charging it.

TORSTAR NEWS SERVICE

E-commerce . Canucks will buy one-fifth of holiday presents online

This holiday season, about 20 per cent of gift purchases in Canada are expected to be made online.

One in five presents bought via the web sounds like a sizable number, but compare that figure to the shopping habits of web-savvy Americans, Brits and Germans and it's actually tiny.

According to a recent eMarketer report, 90 per cent of Internet users in the United Kingdom expect to do some of their shopping online this year and half expect to do most of their buying through the web.

E-commerce could be a much, much larger trend in Canada if consumers had more places to shop online, says Rafe Petkovic, Google Canada's head of industry for retail.

The state of online shopping in Canada today is similar to what consumers in the United States, United Kingdom or Germany experienced in 2006 or 2007, Petkovic adds, with relatively few retailers to choose from, limited inventory selection and inconsistent shipping options.

"They are certainly markets that are very, very far advanced in comparison to some of the most nascent markets, of which I think Canada is

Canadian challenges

- The country's vast geography and lack of population density are daunting to Canadian retailers looking to launch an online shop.
- Those factors make inventory management and the ability to offer inexpensive — or ideally free — shipping more challenging.
- Having a robust, secure e-commerce operation also requires a significant investment, which some companies have been reluctant to make.

one," he says.

"That's not to say it's going to take five to six years to get to a state of e-commerce sophistication, because the benefit that Canadian retailers have is they can steal with pride and learn the lessons that have been painfully learned by their peer set in other markets around the globe.

"So I'm very bullish and optimistic about the opportunities that exist for Canadian retailers online."

THE CANADIAN PRESS

Economy declines for first time since February: StatsCan



A worker assembles a business jet at Bombardier's manufacturing facility in Toronto in May. The Canadian economic expansion came to a surprising halt in August, posting the first decline since February. THE CANADIAN PRESS FILE

Canada's economic expansion came to a surprising halt in August, posting the first decline since February and setting the stage for the worst quarter of economic activity in more than a year.

Real gross domestic product shrank by 0.1 per cent over the month, with both temporary and fundamental factors taking the steam out of what economists had expected to be a relatively healthy 0.2 per cent advance.

Finance Minister Jim Flaherty cautioned against overreacting to the one-month

setback, saying the economy is growing.

"It is one month," he told reporters on his way into a Conservative party caucus. "There is some weakness in Europe certainly, and the American recovery is slow. We are going to see variations month to month, but overall for the year we are on track with GDP growth."

But with contractions in 10 out of 18 industrial sectors, including the big ones of manufacturing, construction, mining and oil and gas extraction, "this is no fluke," said Bank of Montreal economist Doug Porter.

Quoted

"The most disturbing thing about the report is the breadth of declines across so many different sectors."

Scotiabank economist Derek Holt

"While some temporary factors weighed on activity in August, the main message here is that the economy is struggling to churn out any growth whatsoever."

Despite private-sector economists' expectations, the weakness had been somewhat foretold by the Bank of Canada last week when it surprisingly downgraded growth for the third quarter to an anemic one per cent, blaming temporary shutdowns in the natural-resources sector.

But Scotiabank economist Derek Holt said the bank would be lucky to meet even its revised forecast now, saying the quarter, which ended in September, is now tracking at about 0.5 per cent growth.

THE CANADIAN PRESS

Chinese tourism

South Korean island to become gambling mecca

South Korea's Incheon city said Wednesday it aims to transform a small fishing island off the country's west coast into a hub of tourism, shopping and gambling to rival Macau and Las Vegas.

The city, 28 kilometres west of the capital Seoul, hopes to eventually attract up to \$290 billion US in in-

vestments by 2030 to build casinos, hotels, auto-racing tracks, a marina and K-pop concert halls in its district of Yongyu-Muui.

Incheon hopes the tourism complex will lure the growing middle and upper class from China, who are spending more on leisure and travel, and tourists from Japan.

To increase its appeal to Chinese tourists, the new island will be named Eight-city and built in the shape of "8" after the auspicious number in China.

THE ASSOCIATED PRESS

European news sites lobby for 'Google tax' on links

European news organizations bleeding money and readers are trying to avoid extinction by asking governments in France, Germany and Italy to step in and charge Google for links to stories the Internet search giant has always gotten for free.

Critics — including, unsurprisingly, Google — say the strategy is shortsighted and self-destructive, and the search engine warns it will stop indexing European news sites if forced to pay for links. But publishers advocating a

"Google tax" aimed at benefiting their industry point to the example of Brazil, where their counterparts abandoned the search engine and say repercussions have been minimal.

The dispute underscores a fundamental question facing media agencies around the world: Who should benefit from links to online content that is costly to produce and yet generates a fraction of the ad revenue that once allowed newspapers to flourish?

THE ASSOCIATED PRESS



Cups bearing the Google logo are displayed at the Google France offices in Paris, prior to the headquarters' December 2011 inauguration. Publishers in France, Germany and Italy want their governments to impose a tax on Google to save them from extinction. THE ASSOCIATED PRESS FILE

BELIEVING IN STAR WARS IS SO DONALD DUCK



HE SAYS...
John Mazerolle
metronews.ca

there hasn't been. Nothing. *Nothing*. Understand? There have been no prequels, no tampering with the trilogy, no terrible cartoons. Understand?



George Lucas THE ASSOCIATED PRESS

The ship has sunk

I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull.

But, then again, it's hard to overstate how disappointing Episode I: The Phantom Menace was to anyone who watched Star Wars as a child. Never have so many stood in line for so little.

There's a Lord of the Rings prequel coming out next month. If Lucas was in charge of that project, we'd learn that the battle for Middle Earth was a dispute over an estate tax, that Frodo can carry the ring because of micro-organisms called arthro-mithils, and that before Sauron became the Dark Lord he was a whiny teenager.

Was Lucas only in it for the money? Maybe. But more likely he was only in it for the toys, be it multimillion-dollar special effects or plastic figurines.

Star Wars always had lots of merchandise, but in the old days it was more a by-product of the excellent films. The original toys were sort of charming in their clunkiness. A lightsabre appeared magically from inside Luke's arm, decals came off R2-D2 in the bathtub, and many frustrating hours were spent in childhood just trying to get Hammerhead to stand up without falling over.

By the time the third prequel came out, there were so many slick toys, ads and cross-promotions it would not have surprised me to see Obi-Wan talking through an AT&T hologram and Darth Vader explaining that he draws his strength from the power of Pepsi.

I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull.

With any luck, Episode 7 will be the movie we were all waiting for in the late '90s. After all, Disney is the film company that has made epic sequels like The Santa Clause 2, and sci-fi fantasy smashes like John Carter. What could possibly go wrong?

May the Force have mercy on us all.

Finally, there's going to be a fourth Star Wars movie! After almost three decades! Wow!

It's hard to believe there's been nothing since Return of the Jedi, back in 1983! Because

Good. And if I hear the word *midichlorian* out of you, it won't just be Greedo shooting first. Got it?

Sigh.

Much like Lando's "mask" in Jabba's palace, I'm not fooling anyone. But, like every human from this galaxy who has ever seen Star Wars, I wish somebody would Jedi mind-trick me into forgetting the prequels and spinoffs and "special editions."

But now George Lucas has sold the franchise to Disney for more than the GDP of Swaziland (for real, I Googled it). And Mickey and Co. say they're going to make at least three more films, which means Star Wars geeks everywhere have new hope.

Much anger, fear, hate and suffering have we for Lucas. It's impossible to think of a creator of anything so popular who is more reviled than he is. Many geeks spit his name the same way NHL fans say "Gary Bettman," but Bettman didn't invent hockey. It's a unique situation.

500 years and counting



MUSEI VATICANI

Anniversary

Painting marks half-millennium

Today marks 500 years since the completion of one of the world's greatest artistic masterpieces, Michelangelo's Sistine Chapel ceiling.

To commemorate the half-millennium, Pope Benedict XIV has held a simple vespers prayer service, a repeat of the devotion to the finished ceiling by Pope Julius II in 1512.

The Vatican has warned it may eventually limit the number of visitors (now five million a year), with sweat, dust and carbon dioxide all contributing to the painting's slow decay. **METRO**

Conservation

Air conditioner to help preserve art

In an effort to purify the air inside the sacred site and protect the frescoes, a state-of-the-art air-conditioning system, which Vatican Museums director Antonio Paolucci claims is "the most advanced in the world," will be in place by the end of 2013. "My goal is the elimination of atmospheric pollution and I believe the new system will work very well," Paolucci said.

But the conservation has not been without criticism. "Until the last restoration (1980-90) the ceiling was in remarkably good condition for its age," Michael Daley, director at restoration group ArtWatch, told Metro. **METRO**

Sistine Chapel

- In 1475, the Sistine Chapel was commissioned by Pope Sixtus IV, from whom it gets its name. Since that time, Catholic cardinals have convened at the chapel in a papal conclave to elect a new pope.
- Michelangelo was accused of immorality and obscenity for depicting naked figures in a church. After his death, Church officials ordered another artist to paint loincloths over the offending genitalia.



The Creation of Adam is the most famous section of Michelangelo's Sistine Chapel. SEI VATICANI



Register at metropolitanpanel.ca and take the quick poll

Should Jessica Biel be taking Justin Timberlake's last name?

50%
SURE, IF SHE WANTS TO

17%
HE SHOULD TAKE HER NAME

33%
THEY SHOULD BE MR. AND MRS. TIMBERBIEL

0%
NO, IT'S OUTDATED MISOGYNY

Twitter

@missnelymarie:

The days are shorter. You know what that means. Take more vit D supplements or run naked to Ottawa and back #winter #blues #makingitwork

tawa does better than Montreal. One is shawarma the other is street food.

@maatallii:

Perfect day to wear my seal skin purse in Ottawa. #Not #Urbanl-nukProblems

@jai_Morrison:

Glad to see I'm not the only kid in Ottawa to leave out the wrong recycling bin #ottcity #waste-management #soconfused

@celinechrista:

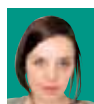
So James Franco is legit at Ryerson right now? Why am I in Ottawa again...?

@AtFCS:

Food wise there are 2 things Ot-

Are you a poet and you didn't even know it?

Capital Slam. Come and behold the power, intensity and creativity of this bi-weekly event around the city, and maybe even take to the stage yourself



**BACKSTAGE
PASS**
Jen Traplin
ottawa@metronews.ca

On any given week here in Ottawa, you can witness the power of the poetry slam — a competition where poets perform their original works for the audience and judges.

Brad Morden is the Director of the Capital Poetry Collective, a group of volunteers who run various spoken-word shows around town.

Morden says the Ottawa slam scene is one of the biggest in the country.

"We have three distinct shows — Capital Slam, Urban Legends and Youth Slam — as well as a wide variety of regular spoken-word shows and open mics.

"The scene is incredibly diverse and, by nature, inclusive as anybody can sign up to share their poetry in any style they wish."

Rusty Priske, who refers to himself as one of the oldest slammers on the Ottawa scene, agrees.

"Ottawa has one of the deepest, most vibrant and active slam scenes in the country. Capital Slam has won the national championship twice, and Urban Legends has been on finals stage twice," he says.

A common misconception

Details

- **The where and when.** Capital Slam takes place at Mercury Lounge (56 ByWard Market Sq.) on the first and third Saturday of every month. The next event is on Saturday, November 3. Doors and slam sign-up are at 6:30 p.m. — cover is \$8 at the door and free for performers. All ages welcome.

tion is that the art form is called "slam poetry" when, in fact, there is no such thing.

"As any kind of poetry is welcome; there is no specific type of poetry called 'slam poetry,'" says Priske.

"What you tend to find at poetry slams are poems that have been written with the intention of being performed.

"That means theatrical elements may be present, but the common thread is that the way the poem is put together is meant to be heard in a dramatic fashion, rather than just read."

Both Priske and Morden encourage anyone who has ever been curious about poetry slams to at least check out a show and, if the mood strikes, perform an original piece.

"There are plenty of opportunities each month to see other poets perform or to climb up on stage yourself," says Morden.

"I have never done anything as scary and rewarding as getting on stage my first time to read a poem. It changed my life."



Rusty Priske often calls himself one of the oldest poetry slammers. PROVIDED

LOOKING TO MAKE A CAREER CHANGE?

Read metrowork every
Monday & Wednesday.

Washington flies high with complex role

Flawed hero. Actor says making *Flight* was fulfilling a promise he made to an old, departed friend



**NED
EHRBAR**
Metro World News in Hollywood

We at least now know how Denzel Washington would answer the age-old question of which super power it's better to have: invisibility or flight.

"I have a flying dream. I've had it for most of my life," Washington says, opening himself up to amateur dream interpreters everywhere.

"Somehow I always end up near the city and I go underneath bridges.

"And I would just work my way down, and I'd stay under them.

"Then I would have the other part of the dream, it would be this takeoff forever, and I would (be) like, 'Oh, I've got to stay below the street wires.' And then

I'm starting to go back up, but then, you know, I've got to get back below the wires. I don't know what it means."

Washington engages in a slightly different kind of flying in *Flight*, his latest film from director Robert Zemeckis.

In it, the Oscar-winner portrays a talented but troubled pilot who brazenly lands a malfunctioning plane with minimal casualties — but he happens to be coming off a booze- and cocaine-fueled bender at the time.

What unfolds is a man lauded as a hero and forced to face his demons at the same time.

The role was definitely a challenge for Washington — but then, he likes a challenge. "I wouldn't say it was easy," he says of playing out the turmoil of his character's life.

"But you're raw. It was just raw. Your nerves are raw."

And it certainly beats the alternative.

"You know, tough spots for me are pictures I don't

Quoted

"I wouldn't say it was easy. ... It was just raw. Your nerves are raw."

Denzel Washington on playing the role of a heroic, but flawed, pilot in *Flight*.

want to be on," he says.

"When the people say, 'What's the hardest part of a movie?' You know, if you're on a movie and it's like the third day and you go, 'How many days have we been shooting?' 'Like, three.' 'How many more have we got to go?' '117.' That's a tough movie for me, but this was an adventure."

As for what drew Washington to the project in the first place, it turns out making *Flight* was part of keeping a promise to an old, departed friend.

"My agent, the late Ed Limato, the last two scripts he gave me were *Flight* and *Safe House*," Washington explains.

"That was a part of it — a promise I made to him."

Plane-crash king. Director strove for realism in cinematic fall from the sky

With the upcoming release of the disaster film *Flight*, acclaimed director Robert Zemeckis can rightly seek the title of Hollywood's plane-crash king.

His latest drama begins with a terrifying catastrophe that sends crew and passengers see-sawing through the air as a routine trip goes horribly awry.

It was a complicated sequence that involved lots of computer-generated technology and meticulous planning, Zemeckis said during a stop in Toronto to promote the film. "All of those things that you use in movies," he said.

His last live-action film, *Cast Away*, also included a heart-stopping crash landing. The Tom Hanks survival epic features a FedEx plane tossed through the air by a violent storm until it plummets into the ocean.

In the years following that film's release, the aircraft's distinctive dive sparked intense online debate among pilots and aviation experts over the circumstances, staging and plausibility of such a crash.

Zemeckis, who won an Oscar for directing *Forrest Gump*, says he's hoping there's no eye-rolling over his latest big



Flight, directed by Robert Zemeckis, opens Friday. NATHAN DENETTE/THE CANADIAN PRESS

screen catastrophe in *Flight*. He said he strove for as much realism as possible.

"We have real pilots and experts vet all these ideas so we don't have anyone doing that," he said of picky eye-rollers.

Zemeckis added that the crash in *Flight* was based on an actual Alaska Airlines accident in 2000 that killed all 88 people on board.

Things turn out much differently in his fictional version.

It's not a spoiler to reveal

that most passengers survive thanks to the bold manoeuvres of a veteran pilot, played by Denzel Washington.

Washington's troubled character, Whip Whitaker, emerges a hero for averting disaster, but soon comes under scrutiny for the role he may have played nonetheless.

"I found the complexity of the character really intriguing, the way all the characters were shades of grey," Zemeckis said.

THE CANADIAN PRESS



Denzel Washington plays a talented — but troubled — pilot in *Flight*. HANDOUT



OUR FAVOURITE 007 GADGETS

In honour of Q's return in Skyfall, we round up the best.

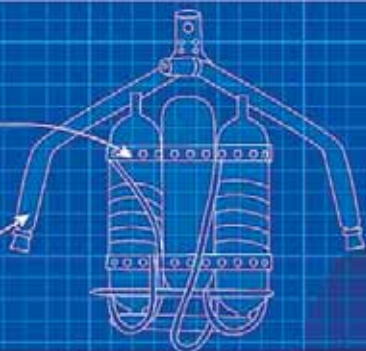
JET PACK
FROM Thunderball

YEAR
1965

ATTACH TO BACK AND
THEN PRESS BUTTON; FLY

THRUSTERS ALLOW FOR A
QUICK GETAWAY AFTER
KILLING SPECTRE AGENTS

NOW AVAILABLE IN REAL LIFE!



LOTUS ESPRIT

FROM The Spy Who Loved Me

YEAR
1977

HEADLIGHT
CONTAINS
CEMENT
BLASTER AND
MACHINE GUNS

IT'S SLEEK
AND SUAVE
LIKE BOND



TV WATCH

FROM Octopussy

YEAR
1983

CATCH UP ON YOUR
FAVOURITE SHOWS
WHILE KILLING
SOMEONE

APPLE SHOULD SUE Q



**SONIC SINGLE DIGIT
AGITATOR RING**

FROM Die Another Day

YEAR
2002

TWIST AND IT
EMITS AN ULTRA-
HIGH FREQUENCY

SHATTER GLASS
AND BLOW
VILLAINS' MINDS



TEXT: MICHELLE CASTILLO; GRAPHIC: MIA KORAB; MWV

Salon SIGNATURES Show

Make your mother-in-law smile

Your signature is *Giving*

Shop Canadian - thousands of authentic handcrafted works under one roof.

November 14 - 18, Ottawa Convention Centre

Wed. - Fri. 10AM-9PM | Sat. 10AM-6PM | Sun. 10AM-5PM

• www.signaturesottawa.ca •

• Babes4Breasts Amanda Rheume performs live opening night • Daily draws for NAC tickets to Fidelity Investments Pops concert West Side Story with the NAC Orchestra. Digitally re-mastered classic film with live Orchestra • Eat Me Ottawa culinary stage presentations • Daily fashion shows by ANGIE'S AMTI

Adults \$10, Seniors (65+) \$6
Youth (13-17) \$6
Free for children 12 & under

Presented by
OTTAWA CITIZEN

Babes4Breasts

NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS

eat me

SCHOLARSHIPS ARE FOR Everyone

OVER **\$100 million** available

- Scholarships are not just about grades
- Scholarships are not just from schools
- 365 Scholarships are all year round

Sign Up. Get Matched. Start Today.

www.ScholarshipsCanada.com

SCHOLARSHIPS CANADA.com

Hollywood's leading men have a hairy conundrum facing them

November. Got beard? It may be the difference between a hit movie and the discount bin

MIKE
DOJC
scene@metronews.ca

To beard or not to beard, that is the whisker twirler confronting scores of stars looking to kick their careers into higher gear. Cultivating facial forestry can have a transformative effect on an actor, re-energizing their chi and forcing folks to see them in a new light. A baptism of fuzz may well be just what the barber ordered. At the very least, it'll prompt legions of fans to tweet their praises with a #beardgettingitdone or #gotbeard hashtag and that kind of social media hubbub is always a good thing for Hollywood players.

A hot meme in the geekier corners of the interweb, the theorem is predicated on Jonathan Frakes (Commander Riker) growing his out to start the second season of *Star Trek: The Next Generation*, widely seen as the inflection point when the show went from mere impulse power to warp drive in one hairy intergalactic minute.

Years later, when

Counselor Troi shaves Riker midway through *Star Trek: Insurrection* during the sexy bathtub scene, the sci-fi staple entered terminal decline, where it would remain cold and lifeless until the J.J. Abrams 2009 reboot of the franchise.

Zach Galifianakis' career arc perfectly illustrates the beard as career elixir. While the outlandish comic had some success as a stand-up, his first major break was landing his own talk show on VH1 10 years ago. But *Late Night World* with Zach bombed and was cancelled after just a nine-week run. Could a contributing factor have been that Galifianakis was clean-shaven on the show? Post cancellation, Galifianakis disappeared from view.

"When you go from having your own talk show to doing stand-up in a bowling alley, you can react by getting mad or depressed, or by just going away, like people expect you to. I reacted by growing my beard," Galifianakis once told the *New York Times*.

Post shave-cation, full bearded Galifianakis suddenly had stage presence. He was not only way more recognizable, he also became an original, a humourist of repute, absolutely slaying audiences in *The Hangover*.

"Beards can be a great way

for an actor to change his public face and to reinvent a career," explains Dr. Allan Peterkin, a facial hair guru whose latest book *One Thousand Mustaches: A Cultural History of the Mo* hones in on

the above-the-lip hair strip.

The main caveat to the growing the beard trope is that the look has to suit the actor's face.

Otherwise, the follicular thicket may come off as a dis-

guise instead of a new guise as Jim Carrey, Anthony Hopkins and Joaquin Phoenix can all attest.

In 2005, Mel Gibson sported a diabolical salt-and-pepper growth, which bore a

pretty strong resemblance to the Unabomber's mug shot or a spider-hole era Saddam Hussein.

That unkempt extrusion certainly didn't do Gibson's waning career any favours.



The beard of Zach Galifianakis is the leader of the Wolf pack. HANDOUT



Jonathan Frakes' with beard: awesome.



Jonathan Frakes, back, without beard: boring



NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS

NACDANCE
CATHY LEVY DANCE PRODUCER

HOFESH SHECHTER COMPANY



POLITICAL MOTHER

Choreography and Music: Hofesh Shechter

NOVEMBER 9-10

Theatre • 7:30 p.m.
Tickets from \$38

"Part dance show, part heavy-rock gig...
an audio-visual marvel."
— *The Telegraph*

nac-cna.ca

NAC BOX OFFICE
MON.-SAT. 10 a.m.-9 p.m.
GROUPS 10+ 613 947-7000 x634
grp@nac-cna.ca

TRINITY
**LIVE
RUSH**
trinity.ca

ticketmaster.ca
1-888-991-2787 (ARTS)

f /NACDANCE DANSECNA

Bayonets replace tanks in Assassin's Creed

Revolutionary War.
Game determined to get it right — down to Washington's hair

Wars and video games seem to go together like peanut butter and jelly. But those games usually involve tanks and machine-guns and Tet offensives; not horses, bayonets and Bunker Hill.

Now, though, one of the biggest game releases of the upcoming holiday season is immersing players in the Revolutionary War.

Assassin's Creed III is due for release Tuesday, immersing players in Colonial America and the Revolutionary War.

In some ways, the game is meticulous with historical accuracy. Great attention was paid to research to recreate the cities of New York and Boston on a one-third scale. History profes-

sors were brought in as consultants.

In other ways, the game takes liberties with history. It integrates the Revolutionary War into the overarching story of Assassin's Creed, in which the secret society of the Knights Templar fills the role as the game's overarching villain.

Game creators were reluctant to reveal too many details in advance of the game's release. Review copies were not available in advance.

The game's creative director, Alex Hutchinson, said the ability to explore a historical era that has been largely left untouched by the gaming world was one of the most exciting aspects of the project.

As for Washington himself, Hutchinson said he wanted the game to portray the fact that for the man who would become the nation's first president, it was far from certain that America would win the war.

"He wasn't sure he was go-

ing to win," Hutchinson said. "When you read their letters, they were very uncertain for much of their time" how the war would turn out.

Francois Furstenberg, a history professor at the University of Montreal, who has written about the iconography that surrounds Washington, served as a consultant and said he was interested less in making sure names and dates were perfect, but more in the game's overarching narrative.

He said the game's creators shared his desire to depict the war in a nuanced way that avoided portraying one side as the good guys and vice versa.

"Anything that complicates the narrative is a good thing," he said. "If anything, I think they were more interested in sort of a muckraking account" of the revolution, something that agreed with Furstenberg.

The game's protagonist — Connor, half American Indian, Half British and not aligned with either side — served as a good vehicle for exploring the era in a way that avoids patriotic clichés, Hutchinson said.

Even where it sought to be realistic, the game's creators took a few liberties. Washington, for instance, is first introduced as a young officer serving under General Braddock in the French and Indian war. The game makers took great care to show the youthful Washington accurately, as a redhead. Looking at the finished product, though, they felt they ought to add a touch of grey to Washington's hair, to more closely match the iconic image of Washington held by the public.

"We did not know how odd it is to see a red-headed George Washington," Hutchinson said.

THE ASSOCIATED PRESS

The Metro News Just For Laughs Comedy Tour Contest

Capital One

Just for laughs

Comedy Tour '12

YOU COULD WIN FRONT ROW TICKETS AND A TRIP FOR TWO TO LAS VEGAS!

AIR CANADA **Paris LAS VEGAS**

Go to www.clubmetro.com to enter today!

- 1) Win a pair of front row tickets to the **Capital One® Just For Laughs Comedy Tour** show at the NAC on November 10!
- 2) **Grand prize:** a trip for two to Las Vegas, Nevada, including flights, courtesy of Air Canada, a 6-night stay at the Paris Las Vegas and a \$200 gift certificate to Gordon Ramsay's Steakhouse!

THE RELATIONSHIP EDITION

NOV. 10 AT 7:00 PM NATIONAL ARTS CENTRE

Jim Breuer
Modern Family Man

Debra DiCiovanni
The Single Cat Lady

John Heffron
The Domesticated Male

Godfrey
Ladies' Man

Ottawa portion of contest closes November 5, 2012. Open to Canadian residents 21 years or older. No purchase necessary. Odds of winning depend on the number of eligible entries. Go to www.clubmetro.com to enter and fill out entry form, including skill-testing question. There is one (1) prize of a pair of front row tickets to the Capital One® Just For Laughs Comedy Tour show in Ottawa. Winner in Ottawa will be pooled with similar winners in Halifax, London, Toronto, Calgary and Vancouver for the Grand Prize draw. There is one (1) Grand Prize of a trip for two to Las Vegas, which includes return airfare on Air Canada, six nights of hotel accommodation at The Paris Las Vegas and a \$200 gift certificate at Gordon Ramsay's Steakhouse, valued at approximately \$6,000 CAD (based upon departure from Halifax, actual value may vary depending upon time and year of departure).

Just for laughs Live

Capital One **metro** **AIR CANADA** **Paris LAS VEGAS**

The Official Credit Card of Comedy

metronews.ca

Line-up subject to change.



This undated handout image provided by Ubisoft shows a scene from the game *The Tyranny of King Washington*. UBISOFT/THE ASSOCIATED PRESS

George Washington

Exploring his life

At George Washington's Mount Vernon estate, curators are happy that the game will introduce so many kids to Washington and the Founding Fathers and hopefully get them thinking about history.

"I would love for people to focus on exactly the incredible choice Washington made to relinquish power," said Carol Cadou, senior curator at Mount Vernon, even if the vehicle for prompting that

discussion is a game that contorts and creates an alternate reality.

Historical figures certainly make appearances in some video games, but rarely from historical eras and rarely in a setting devoted to realism. The popular game *Call of Duty: Black Ops*, for instance, features John F. Kennedy, Fidel Castro, Richard Nixon and former Defence Secretary Robert McNamara. But in the game, the four of them team up to defeat an onslaught of zombies at the Pentagon.



Russell Brand. ALL PHOTOS GETTY IMAGES

Russell Brand dispensing sage advice to celebrities

Russell Brand, who is something of an expert when it comes to facing problems with drugs and alcohol, could offer troubled starlet Lindsay Lohan some pretty valuable advice, but he's saving it for Lohan herself. "If I did have (advice), I'd give it to her directly," Brand tells Hollyscoop. "Lindsay, I don't suppose you got a phone or any-

thing."

And while he waits for her contact info, the former addict does have some advice for stars who don't necessarily need rehab treatment.

"If they don't have a problem with drugs or alcohol, they should drink a lot and take lots of drugs and enjoy themselves," he says.



Justin Bieber

Stop the presses! Justin Bieber has a hamster

Justin Bieber likes to keep things interesting while on the road, and keeping things interesting apparently involves carting around a pet hamster named Pac.

"This is Pac the hamster, my new Believe Tour pet," Bieber says in a post to Twitter that includes a photo of the tiny rodent. "I will bring him to every meet-and-greet."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Miley Cyrus to have three weddings across planet

Miley Cyrus is reportedly planning to go all out when she marries fiancé Liam Hemsworth, celebrating with three lavish weddings around the globe, according to Star

magazine. Cyrus and Hemsworth, who announced their engagement in June, are said to be planning separate ceremonies in Los Angeles, her native Tennessee and his hometown of Melbourne, Australia. All three ceremonies will reportedly take place next year — with a different wedding dress for each — and Cyrus had reportedly budgeted \$1 million for the endeavor.

Twitter



@katyperry

I'm starting to rationalize with Doomsday preppers. *whistles a particular REM song*



@billmaher

Looking forward to James Bond movie; Obama's like him cuz he's cool, has license to kill; and Mitt's like him cuz he's been 6 different guys



@realjaclynsmith

An honest person is a person who can play chess on the phone.



@SteveMartinToGo

Even though we've had to cancel all the shows due to the storm, in an unprecedented move, we are going to keep all the ticket money.



Gene Hackman

Don't mess with Gene Hackman

Gene Hackman reportedly slapped a homeless man who had accosted Hackman and his wife, Betsy Arakawa, outside a restaurant in New Mexico, according to TMZ.

The man, Bruce Becker, reportedly approached the couple as they were leaving the restaurant, and an argument ensued, culminating with Becker insulting Arakawa and Hackman defending himself by striking Becker. The police were called but no charges were made against Hackman, as it was determined he acted in self-defence. His rep did not respond to a request for comment.

bug beauty

AND GET REWARDED

20x
faster

20x
THE SHOPPERS
OPTIMUM POINTS®
WHEN YOU SPEND \$75 OR
MORE* ON COSMETICS
OR FRAGRANCES.

Includes All Brands of:

COSMETICS • SELECT SKIN CARE • HOSIERY • FRAGRANCES
JEWELLERY • HAIR COLOUR • BATH FOAM & GEL • NAIL CARE



FREE
feels good™



SHOPPERS
DRUG MART



*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Excludes bonus points and Shoppers Optimum® MasterCard® points. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cosmetician for details.

Going out on a Lim: A Reitmans-Martin mash-up

Power couple.

Metro gabs with dynamite design duo Martin Lim and their Reitmans collaborator Brigitte Martin about inspiration, comfort and accessibility in fashion

BRIGITTE NOËL

life@metronews.ca

Montreal-based design duo Martin Lim has wasted no time becoming a recognizable name in the Canadian fashion industry. With a mere four collections under its belt, the nascent label has already garnered critical acclaim and won the prestigious Mercedes-Benz Start Up program. Now, the designer power-couple of Danielle Martin and Pao Lim are collaborating with Reitmans on a capsule collection of 10 dresses.

So how did this collaboration start?

Brigitte Martin (Reitmans merchandise manager): When we were in Toronto last year, (Martin Lim) were showing and they really were loved by the public, so they were on our radar. We weren't sure who they were, we thought it was one person. We wanted to meet them and when we did, it was even more than we expected.

Pao Lim: We were excited by the news, the first meeting just fit. We were surprised, because we're a relatively young business.

So how did it go from there?

Brigitte: They weren't sure if at first they should come up with new ideas, but I said no, we love what we've seen so far, that's the real DNA of Martin Lim. I don't know if it was so clear for you what your DNA was for us?

Danielle Martin: Somehow yes and no. If we love something we just make it, we don't think, "is it our DNA or not?" But when we had to create the collection here, we really had to think, OK, what is Martin Lim about, what is significant in our style?

Pao: It's a very concise collection, so every dress has to be recognizable. It's more of a challenge for us.

You used some quite interesting elements, some vegan leather, even neoprene.



Husband and wife business team Danielle Martin and Pao Lim. PROVIDED

Let's hear it for the boys

Ladies, while you're shopping for the best of the dresses, do a good deed and give a thought to your man's duds. Tip Top Tailors provides you with everything you need to know to get him perfectly suited up this season:

- **What black was, blue is.** And grey for that matter. While he can still wear his black suit, it's time to lead him toward charcoal grey or mid-blues, both of which are now looking very sophisticated.
- **It's all about the fit.** And the fit is changing. Men's suits and sports jackets are a little
- **They're back and they're back big!** Sports jackets, dormant these last few years, are looking terrific and they're perfect for business. Fabrics are lush (think suede and velvet), colours range from rich to muted. He can be a bit bolder here than he might be with a suit as long as he pairs it with a neutral pant.

leaner even if he isn't! You may have to lead him toward a suit that fits as close to the body as he's comfortable with. But don't confuse this with tight — he needs to look at ease in it.

Show off your shape

"Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?"

Pao Lim
Co-creator of Martin Lim

(Comfort) wasn't the ultimate goal at the beginning, but it wound up working very well.

Danielle: I have to see if I can sit, if I can walk, if I can live in my clothes.

How did you imagine women feeling in these clothes?

Danielle: When we create, we always think about different women — women we know, women we see on TV, friends of ours.

Pao: It's a combination of different personalities, different characters. Every season, we give names to dresses — I think it's very interesting when you give names to clothes because you really picture somebody wearing it.

Danielle: It gives it a personality, so you can get more attached to your garment.

THE MARTIN LIM FOR REITMANS COLLECTION IS AVAILABLE ONLINE ON NOV. 1 AND IN SELECT STORES ON NOV. 2.

Three to compare

LIMI

It's a mixing of texture, the bonding of the shine with the knit, and the injection of colour on top. It just lifts you.

- Brigitte Martin, Reitmans



BIJOUX

It's just a nice, easy, timeless dress in terms of the way that it moves with you and you can keep it forever.

- Brigitte Martin, Reitmans



MARIA

I really like to use the silhouette to attract "le regard," to the décolleté, to the front, with that green piece.

-Danielle Martin, Martin Lim



curve. Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?

Danielle: I really like to use the silhouette to attract le regard to the décolleté, to the front. For a petite, (the dress) just elongates the legs. The waist is slightly higher. You can wear it with a jacket, or without, or go to dinner.

From office to party!

Brigitte: Yes! That was the versatility we were looking for, that's sort of part of our brand platform — versatile and comfortable. That's not what you think when you see this collection.

Pao: We bound two fabrics together to have that neoprene look: we use silk and we bind it to jersey to have that comfort.

Brigitte: It's the mix of all the fabrics that was a surprise for us. Without intending to, their signature touches came through. The first ideas they drew were the bodycon shift dresses. They were doing a plus and a petite also ... Danielle has an interesting way of talking about plus, she calls it "épanouie," which is a blossom.

Danielle: Pao wanted a bodycon dress for the plus sizes, he wanted to have the shape and the curves.

Pao: Yes, it glorifies the woman

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 23 SHOPPERS' DRUG MART

Editor's picks

Clarins
Revitalizing
Gel

\$48, clarins.ca



L'Oreal Paris
Hydra-
Energetic Ice
Cold Eye Roller

\$16.99, lorealparis.ca



L'Oreal Paris
Hydra
Energetic
Magnetic
Charcoal
Cleanser

\$12.99, lorealparis.ca



Gillette
Fusion
ProGlide
Styler

\$26.99,
gillette.com



On taming the facial tiger

Get in your face!
Maintaining your money-makin' mo' is as easy as taking a few moments to embrace that beautiful face

It used to be significant others only who would dread the hockey playoff season when it came time to deal with unruly facial hair. Now the once-a-year beard blitz is a double whammy thanks to November. Still, there is no reason that 'stache can't be stylish — and well-pruned. We have a few pieces of advice to get you and mo' through the next 30 days.

Keep it neat

Boys, if you don't own a trimmer, we suggest you get one — either that or learn how to use tweezers without flinching. Think of your 'stache as an eyebrow. Get rid of any wayward follicles and smooth down those strays. Be creative with the look,

and keep the rest of your face well shaved to draw the eye toward your fundraising endeavor.

Glow time

So what if your 'stache does look a bit more caterpillar creepy than cultured? Caring for your skin will help distract attention from your upper lip. We recommend a good moisturizer and facial toner that will awaken your pores and keep your skin looking healthy throughout the month. And don't forget your eyes. An eye roller will refresh any signs of fatigue like under-eye circles or darkness.

Work the 'do

If you are not as efficient as other guys when it comes to facial hair growth, or are just worried about an overall unkempt look, splurge on a haircut to balance out the look. The good cut will help to keep you looking dapper no matter what is taking place below your nose.

METRO



Don't blame us if you're caught relishing in your own reflection once or twice this month. ISTOCK

Stepping out with the 'stache

In recognition of November, TOMS is offering shoes in two different styles featuring the signature moustache

all TOMS shoes, with every pair purchased a pair is given to a child in need.

• A portion of the proceeds goes to November, and, like

• Check out toms.ca/movember for more.



metro

CANADA'S FIRST NEWS APP IN
NEWSSTAND
Now available for iPad, iPhone and iPod touch!



PS Image Club Showcase

presented by Wilma Haerens,
Ottawa's Makeover Specialist



Join our unique, exciting & entertaining event:

- ❖ WIN Prizes & Makeovers
- ❖ Fashion & Style Shows
- ❖ Presentations
- ❖ Booths
- ❖ Shopping & More!

Saturday, November 10, 2012
Travelodge Hotel, 1376 Carling Ave.
10:00 am-6:00 pm

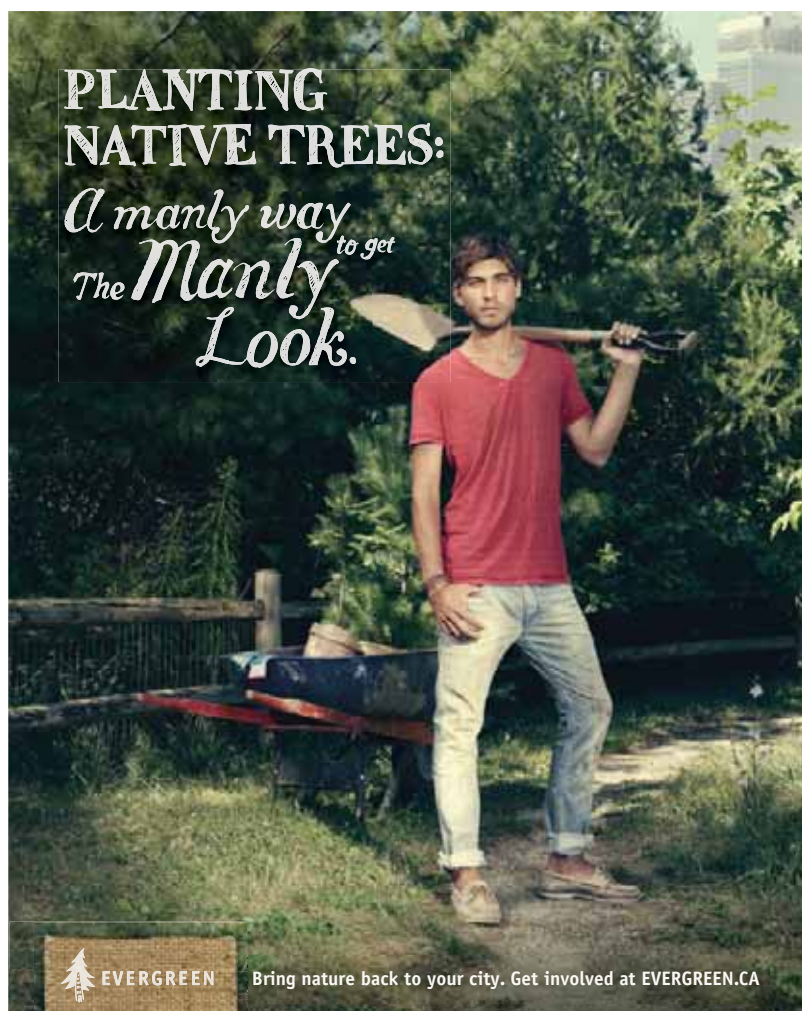
Tickets: \$12 (\$15 at the door)
www.personalstylist.ca
wilma@personalstylist.ca

Platinum Sponsors:

MortgageKing.ca

WIN a
**\$1,000
Makeover**

Jeopardy!
98
Live & Refreshing



EVERGREEN

Bring nature back to your city. Get involved at EVERGREEN.CA

Easy seasonal room updates

Your space. Get an affordable new look in a matter of minutes



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Updating your place can be done quickly and inexpensively by shaking up your accessories.

With fall settled in and winter on its way, adding a few trend-setting home comforts will help give your rooms a boost.

What's hot for fall/winter is bold patterns and strong colours.

Here's a primer as to what changes will give you the biggest bang for your buck.



Modular carpet tiles are a great way to add creativity to an entrance. [FLOR.COM](http://flor.com)

Front Entrance

Here's your chance to create a stylish welcome with something that is not only attractive, but useful. A series of modular carpet tiles can be arranged to fit any entrance and the design/colour choices are endless. They are usually made of synthetic, durable low-weave carpeting pieces, so are flat enough to slide under existing closet hall doors and simply stick in place to the floor with safety tape. Other ways to add pizzazz to your front entrance: a new pendant light, a wall hung mirror, or simply paint the inside of your door a fashionable colour. Remembrance carpet tiles, flor.com



Liven up your bedroom with bright bedding sets. [URBANOUTFITTERS.COM](http://urbanoutfitters.com)

Bedding

The bed is the largest piece of furniture in the bedroom, so making a seasonal change with bedding means changing a large part of the room. Try to include colours that already exist in the bedroom so that your new bedding blends with the entire room's decor scheme. Don't forget the designer details such as a co-ordinating bedskirt, pillow shams and a decorative top blanket. Other ways to liven up your bedroom: add stationary drapery panels on each side of the window, paint the wall behind the bed a fashionable colour or add a new upholstered headboard. Paper Medallion bedding, urbanoutfitters.com



Consider pillows to be artwork for the sofa. [POTTERYBARN.COM](http://potterybarn.com)

Living room

For most good decorators, the colour of the sofa is neutral, which means injecting some colourful pillows isn't that difficult. Wondering where to find inspiration for your new pillows? Look no further than a great colour in your artwork or area rug to create a pulled-together room. Other ways to decorate your living room: a new area rug, lampshades or a cosy throw will all help to take your room from boring to fabulous for just a few dollars and in just minutes. Suzani embroidered pillow cover, potterybarn.com

Cleaning wine glasses without soapy residue

A friend of mine who loves fine wine recently told me that you should never use dish soap to clean expensive wine glasses. Is this true? If so, how do you get them really clean?



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

I've heard this theory as well. They say that when you wash a glass with dish soap — no mat-

ter what kind of dish soap — there is always a good chance that a small amount of the soap residue is left inside the glass and that when you pour the wine into the glass it will affect both the taste and enjoyment of the drink.

I've done some investigating and some manufacturers, such as Riedel crystal, who specialize in wine glasses, agree with this theory. So how do we deal with this? The recommended way to clean this type of glassware is first to rinse the wine glass-

es under the tap with lots of warm running water, then with steam, such as over a steaming pot on the stove. The steam does two things. First, it will disinfect the glass and secondly it helps ensure no spots of any kind are left. Once the glass has been steamed, a good, dry linen or cotton dishtowel is ideal to dry it, leaving the glass spot free and with a beautiful shine.

CHARLES THE BUTLER IS PROUD TO ANNOUNCE THAT THE CHARLES MACPHERSON ACADEMY WAS AWARDED THE PRESTIGIOUS EDUCATOR OF THE YEAR AWARD!



There is always a chance that soap residue is left inside the wine glass after cleaning. You don't want to affect the enjoyment of your expensive wine! [ISTOCK IMAGES](http://istockimages.com)



TERRASSES GABRIELLE

PREMIUM RENTAL APARTMENTS

411 North River Road • 613-741-4411

www.terrassesgabrielle.com

www.globegeneral.ca

ottawa@globegeneral.ca

- ❖ Indoor Salt Water Pool
- ❖ Fitness Center
- ❖ In Suite Washer and Dryer

- ❖ Rooftop Terrace
- ❖ Window Blinds
- ❖ Hardwood Floors

Hassle free luxury urban living without complications of ownership

Penthouse suite, one bedroom available for October 1st





▼ SCAN ME ▼






Trying to turn a new home into your own is a big task. ISTOCK IMAGES

Choosing your colour scheme

DIY ideas. Whether you're bored with your space or ready for a redesign, choosing a colour scheme can be an intimidating task

Follow these tips to get started:

1. Formal areas first

Start with rooms like the living room, dining room or entrance way and ensure that the rest of your home follows their lead.

This could mean using different tones of the same colours in additional rooms or one of the colours in different accents elsewhere.

2. Follow nature

Outside, darker tones lie below your feet while the lightest colours are above you.

Follow this pattern in your own home, from floors to ceiling.

3. Use what you have

Look around the room for the largest pattern, this could be the drapery or an upholstered piece of furniture. Use this pattern as the basis for your colour palette, pulling colours that you like out of the overall pattern, including any neutrals.

4. Shots of colour

Use an accent colour — the strongest colour you have chosen — in the least amount in the room.

This could mean adding it through throw pillows or even flower arrangements. The walls should be the majority of a neutral colour, with furniture pulling in the secondary colour choice.

5. Pay attention to architecture

Follow the style and period of your home when choosing colours, as well as the size of the rooms. Make small rooms feel cozy by choosing darker colours, and large rooms feel light

and airy with bright neutrals.

6. Use black

No matter what colour palette you choose, always try to incorporate black in some way into the room. Black will make the colours pop and tie everything together.

7. Look good in your home

Just as you choose clothes in colours that flatter you, do the same for the colours in your home.

8. Stay true to personal taste

The most important thing to remember when choosing a colour palette is to pick colours that you like. When you are passionate about the design in your home, others will respect that. The best way to decorate is with your own personality.

TO GET MORE INSPIRATION FOR YOUR HOME, WATCH BROTHERS TERRY AND JON WITTMACK AS THEY RUN THEIR HOME IMPROVEMENT BUSINESS IN BROTHERS ON CALL, AIRING TUESDAYS AT 9 P.M. ET/PT ON DIY NETWORK CANADA

Biodegradable

Stoop and scoop the green way

Are biodegradable doggie-poop bags actually greener?

-Allison, at the dog park



QUEEN OF GREEN
Tovah Paglaro
green@metronews.ca

Choosing to bag Fido's business in a biodegradable poop bag is absolutely the green choice. Given the correct conditions, biodegradable poop bags will perform as promised.

Here's the hitch. The conditions in landfills are anything but correct. In most landfills, conditions prevent organic material from decomposing. Furthermore, poop in landfills leads to water contamination and methane gas production, which is why most landfills actually have a no-feces (dog or otherwise) policy.

So the question isn't one of wrapping — choose the green bags — but one of disposal.

First of all, do pick up the

dog poop! Short of the gross factor, the big problems with leaving the poop to nature in high-density areas are:

- Dog poop is carried by storm water directly into waterways, where it causes bacterial contamination.

- It's nitrogen-rich so it depletes oxygen levels, hurting fish and other wildlife.

There are responsible ways to keep the doggie-doo out of the landfill and to make sure those biodegradable poop bags have a chance to work their magic.

- Compost the poop.
- Flush the poop.

If your knee-jerk reaction to dog-poop compost is less than sunny, it's time to reconsider. With proper set-up, composting yields rich soil and safely returns the poop to the earth. Popular home composting methods include:

- A compost pit — About one metre deep by one metre wide, with a cover.

- Dog poop compost bins — available at pet stores and garden centres.

- Vermicompost — gross, sure! But it works.

Dog-waste compost should be kept separate from other compost and is best used on ornamental — not edible — gardens.



Not cleaning up after your dog can have negative impacts on the environment. ISTOCK IMAGES

Prefer to flush the poop? Biodegradable — but not compostable or degradable — baggies can be flushed, making it simple to send your dog's poop down the pipes. Just be sure to check with your municipality to ensure the sewage system can handle the grit.

Compostable bags require the heat of a compost pile to break down, so they cannot be flushed. And beware of the word degradable (as opposed to biodegradable) which refers to formulated polythene. Polythene bags will fragment, not biodegrade, leaving tiny bits of plastic in the water.

metr

CANADA'S FIRST NEWS APP IN

NEWSSTAND

Now available for iPad, iPhone and iPod touch!

MAKE EACH BATTERY COUNT.

It's time to recycle your batteries and make a difference.

For every battery dropped off before November 4th, 2012, Orange Drop will donate 30¢ to one of two environmental charities.

Visit makethedrop.ca/mobile and help us reach our goal of recycling 50,000 batteries.

ORANGEDROP

BUILT USING FRESH, LOCAL INGREDIENTS.

WHY GO WITH THE FLOW? Step into The Eddy, six storeys of green, urban condos built for life in Hintonburg — and using only healthy, sustainable materials.

Sales centre now open at 1000 Wellington St. W.

THE EDDY CONDOMINIUMS

WELLINGTON IRVING

TheEddy.ca | Hintonburg | Early 2014

Windmill Development Group Ltd.

Worried about your sushi rolling skills? No need with these squares



ROSE REISMAN
for more, visit
rosereisman.com

My corporate clients vote this their favourite appetizer. It's the perfect solution for those who shy away from sushi because of concern about eating raw fish.

The key is cooking the sushi rice properly. I always use a water-to-rice ratio of one-to-one, never stir the rice, and keep it covered even when it's cooling — using a rice cooker is easy, since it can never go wrong. You can find rice wine vinegar already flavoured for sushi, so you don't have to add any sugar. Nori is available in good quality supermarkets and Asian food shops.

1. Combine the rice and water in a saucepan. Bring to a boil and boil for 1 minute. Reduce the heat to low, cover and cook for 12 minutes. Remove from the heat and let stand, covered, for 10 minutes.

2. While the rice cooks, combine the vinegar and sugar in a small saucepan. Bring to a boil, stirring to dissolve the sugar. Remove from the heat.

3. Turn the rice out into a large bowl. Stir in the vinegar and sugar mixture. Cool just until the rice no longer feels hot. Don't let the rice get cold or it will dry out.

4. Line an 8-inch-square baking dish with plastic wrap. Cover the bottom with the cucumber slices. Lay the smoked salmon over top. Mix the mayonnaise and wasabi together and spread over the salmon.

5. Place half of the rice over the mayonnaise. Pat it firmly to an even thickness, dipping your fingers in water to prevent the rice from sticking to your hands. Top with the nori. Add the remaining rice, patting it firmly to an even thickness.

6. Invert onto a serving platter and cut into 16 pieces. Sprinkle with the sesame seeds. Serve immediately, or cover with plastic wrap and refrigerate for up to 8 hours. Serve at room temperature, garnished with soy sauce, wasabi and pickled ginger, if desired.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 2 cups sushi rice
- 2 cups water
- 1/4 cup rice wine vinegar
- 1 tbsp granulated sugar
- 16 thin slices English cucumber (unpeeled)
- 4 oz smoked salmon
- 1 tbsp light mayonnaise
- 1/2 tsp wasabi (Japanese horseradish)
- 1 sheet nori (dried seaweed)
- 1 tsp sesame seeds, toasted
- low-sodium soy sauce, wasabi and pickled ginger (optional)

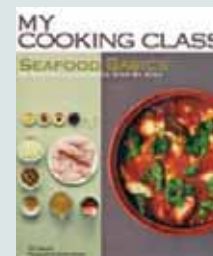
Smoked Salmon Sushi Squares



This recipe makes 16 servings. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Cookbook of the Week

Dive into the sea



With step-by-step photo directions and 86 recipes, *My Cooking Class: Seafood Basics* by Abi Fawcett is your guide to mastering seafood. Tutorials demonstrate basic techniques such as filleting a cooked round fish and butterflying shrimp, and concise instructions remind cooks of the do's and don'ts of handling seafood.

Seafood Basics is divided into eight chapters and includes recipes such as: Classic Fish Stew, Crab Bisque, Moroccan Fish Tagine, Louisiana Seafood Gumbo, Saltencrusted Sea Bass, Fresh Fish Pizza, Creamed Clam Linguine, Quick Monkfish Curry, Maryland Crab Cakes, Lobster with Cayenne, Stuffed Baked Squid and Spanish Seafood Paella. **METRO**

Salmon & Gouda Burgers. Fancy fare, casual dinner



These salmon and Gouda burgers would dress up a casual occasion. They can be baked in the oven for easy preparation.

1. With sharp knife or food processor, chop salmon finely.

2. Heat oven to 220 C (425 F). In bowl, place all ingredients, except buns and garnishes. Season to taste and combine.

Divide preparation into 4 to 6 parts and shape into patties. Place patties on parchment-lined baking sheet on centre rack of oven. Cook burgers for 15 minutes, turning over once.

3. Heat buns and place burgers on them. Garnish with mayonnaise, carrots and cucumbers.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients

Salmon and Gouda Burgers

- 650 g (1 1/3 lb) skinless, boneless salmon fillet
- 1 clove garlic, chopped
- 3 green onions, chopped
- 10 ml (2 tsp) finely chopped ginger root
- 5 to 10 ml (1 to 2 tsp) sesame seed oil, to taste
- 30 ml (2 tbsp) soy sauce
- 30 ml (2 tbsp) chopped fresh coriander
- 1 egg
- 150 ml (2/3 cup) panko crumbs
- 90 to 125 g (3 to 4 oz) Gouda cheese, finely diced
- Ground pepper, to taste
- 4 to 6 small sesame seed burger buns

Garnishes

- 50 ml (1/4 cup) mayonnaise
- 125 ml (1/2 cup) grated carrots
- 24 thin cucumber slices

大統華 T&T

Promotion Period: Nov 02 - Nov 08, 2012 Ottawa Store only

No.1 grade

Gala Apples
Product of USA

1.28 /lb
2.82/kg

White Quenelles
Last

Live Dungeness Crab
Under 2lb/ea

4.99 /lb
11.00/kg

Chicken Drumsticks

1.68 /lb
3.70/kg

Frozen U-Grade Young Duck

9.98 /ea

SAVE \$3.04

Pastry Cake
Original/Chocolate
Green Tea/Taro

4.95 /box

SAVE \$2

Special Mango Pork Chops
420g

5.99 /box

Sunshine Frozen Golden Durian
-Large

1.39 /lb
3.06/kg

SAVE \$3.78

100% Jumbo Shrimp Wonton/Dumplings
-250g

9.99 /box

SAVE 70¢

Aroy-D Coconut Milk
400ml

1.29 /can

SAVE \$3.01

Botan Musserimai Calrose Rice
15lbs

9.98 /bag

9am - 9pm (Sat - Thurs)
9am - 10pm (Friday)

Join us on Facebook
(Search for T&T Supermarket)
Follow us on Twitter
@TTSupermarket

www.TnTsupermarket.com
224 Hunt Club Road, Ottawa, ON, K1V 1C1 613-731-8113

Rake the leaves later.

Our Fall Craft Beer Collection is now available.



Exclusively at the LCBO.

PLEASE DRINK RESPONSIBLY



SPECIAL INFORMATION FEATURE

Dear Debbie. Answering your questions about wine

DEBBIE
TRENHOLM
For Metro

I recently organized a private bus tour to Prince Edward County for a corporate client, where we spent the day touring the back roads of "The County" — Canada's fastest growing wine region. I was asked many interesting questions that I am sharing with you in a "Dear Abby" format. If you have a wine related question that you have always wondered about, send me an email to cheers@savvycompany.ca.

Dear Debbie: Oops! I put a bottle of white wine in the freezer section and forgot it. Is it still OK to drink?

ACCIDENTALLY FROZEN

Dear Accidentally Frozen: I have done this several times when I was in a rush to chill a bottle of white wine. Not the best way to do it, yet rest assured that while slushy, the wine is still drinkable. I recommend to let it thaw out in the fridge, then enjoy. If your glass frosts up, then the wine

is still too cold. Let it warm up at room temperature for a bit. P.S. It is neat to take a sip once in a while to taste how the wine changes as it warms up. My experience is that the wine initially tastes watery, then starts to take on flavours, aromas and then acidity arrives.

Dear Debbie: I have seen at wine tastings that some people spit their wines. Why?

SHY SPITTER

Dear Shy Spitter: Sommeliers do it all the time. By spitting, it allows you to taste more wines without the alcohol taking its toll. When you go to the Ottawa Wine and Food Festival (Nov. 9-11, ottawawineandfoodshow.com), wineries will provide a spittoon or bucket at each booth. If it isn't there, don't be shy and ask for it.

Dear Debbie: What is a taste and buy event?

CURIOUS SHOPPER

Dear Curious Shopper: Wine is one of the few products that you don't often have the opportunity to taste before

you purchase at the store. You can try on a sweater or flip through a book before you go to the cash register. Savvy Company frequently hosts taste and buy events where numerous wineries offer samples of their wines and you can order directly from the winery. Your order will be delivered to your home or office in a matter of a few days. Savvy Company's next taste and buy features Ontario wineries and craft breweries on Nov. 8. For more details and to buy your ticket, go to savvycompany.ca/events.

Dear Debbie: What is a cooper?

WOODEN HEAD

Dear Wooden Head: It is the name for a tradesperson who makes barrels. This craft is truly an art, combining different shapes of wood staves, heat and humidity to create an airtight vessel to age wine, beer, grappa, spirits, and wine vinegars, too. The only cooper that I have met in my travels is Pete Bradford, who is a self-taught cooper and owner of Carriage House Cooperage.



Melissa proudly presents Muskoka Twice As Mad Tom Double IPA, which will be available on tap today at Sir John A's Pub (284 Elgin St.). JEFF O'REILLY/FOR METRO

Double up on Madness

Muskoka Brewery. Twice As Mad Tom Double IPA hits the LCBO shelves today



JEFF
O'REILLY
For Metro

When Muskoka launched its celebrated Mad Tom India Pale Ale last year it took a lot of people by surprise, with huge, hop forward aromas and robust grapefruit and pine resin flavours. It quickly became a pub favourite, along with wide distribution in LCBOs and Beer Stores, so when I heard that Muskoka was quietly developing a follow-up beer I wondered if lightning could strike twice.

Mad Tom was definitely the right beer at the right time. IPAs were super hot and this beer just seemed to capture people's imagination,

being a bigger and bolder alternative to what was out there. With a mandate to "venture off the beaten path," how could Muskoka possibly take this a step further?

Well, simply put, why turn it up to 11 when you could simply "double" it? "Double IPAs" are not necessarily uncommon, but this will be the first time that an Ontario craft brewer will be releasing one to such a wide audience, with year round distribution in bottles and a very limited release on tap (Sir John A's, The Arrow + Loon and Pub Italia are currently the only confirmed Ottawa locations). This Imperial IPA boasts three different malted barleys and five hop varieties (Millennium, Chinook, Cascade, Columbus and Aurora) that see an aggressive dry-hopping in two aging stages — the first for seven days and then a second round of hops added for an additional four-day stage.

Twice As Mad Tom Double IPA (8.4 per cent alcohol by volume, 71 IBUs, 4x355 ml

bottles, \$12.95 LCBO) pours a glowing, copper orange with frothy tan head. Familiar grapefruit/citrus and pine aromas are immediately noticed but have a more muted and earthier quality. Signature grapefruit and resin flavours seem deeper and more complex, nicely balancing off against rich toffee and a warm woodiness in a much rounder complex flavour profile that sees a brighter orange citrus fruity sweetness dancing with a friendly lingering bitterness that prevails till the end. The mouth feel is moderately carbonated, medium-bodied and slightly creamy with a long finish.

This beer does exactly what it was meant to do. Rather than replace its predecessor, it is a great complement that shows a more mature, subtle and complex approach.

It should be tasted alone and beside the original to enjoy the comparison. Thanks Muskoka — Twice As Mad has left me twice as glad.

Monimahal Buffet

164 Laurier Avenue West • 613.234.8882

PARKING ON GLOUCESTER, BETWEEN METCALFE ST. AND O'CONNOR ST. — \$2 AFTER 5PM FOR MONIMAHAL CUSTOMERS

Largest Indian cuisine buffet in North America!

WE SERVE HALAL DISHES

Monday to Friday:
Lunch: 11:30am – 2pm
Dinner: 5pm – 9pm

Saturday & Sunday:
Dinner: 5pm – 9:30pm

Book a party for lunch!
SATURDAY OR SUNDAY, LIMIT OF 100-150 PEOPLE

BRING THIS AD IN FOR LUNCH OR DINNER TO REDEEM:

**BUY ONE, GET ONE
50% OFF**

Offer expires March 21st, 2013. Offer is valid in store with coupon only and is not combinable with other coupons, discounts or promotions. Limit, two coupons per table. Applicable only to meal.

fuji sushi

ALL YOU CAN EAT

LUNCH \$2.00 OFF
Expires November 30, 2012
Cannot be combined with other offers

DINNER \$3.00 OFF
Expires November 30, 2012
Cannot be combined with other offers

MONDAY DINNER SPECIAL \$18.99
Reg. \$22.99 Expires November 30, 2012
Cannot be combined with other offers

2300 Citypark Dr.
(ACROSS FROM SILVER CITY CINEMA)

613-747-3888

www.fujisushirestaurant.ca

HOURS: Sun – Thu: 11AM-10PM; Fri & Sat: 11AM-10:30PM

Building hallowed ground in the City by the Bay?

MLB. Giants brass talk dynasty amidst World Series celebration

San Francisco Giants CEO Larry Baer wants to add more World Series championships to the two his franchise has captured the past three seasons.

Why not build a baseball dynasty in the Bay Area?

Baer said Wednesday the front office is already hard at work beginning plans for the 2013 roster — and he is optimistic many familiar faces will stick around, including second baseman and NL championship series MVP Marco Scutaro.

"Nobody thinks we should be done," Baer said. "I think we want to get lots of people back, and he's one of them.... My favourite sign was 'San Francisco, Happiest Place on Earth.' That's how we all feel about this. That's what the goal is."

National League West champion San Francisco completed a four-game sweep of the Detroit Tigers on Sunday night. The Giants and the city celebrated with an orange-and-black parade through downtown Wednesday.

General manager Brian

Quoted



"I want 15 years, three thousand million dollars."

Free agent second baseman Marco Scutaro, joking when asked Wednesday what it would take to bring him back to San Francisco

Sabeen called it a priority to re-sign Scutaro, centre fielder Angel Pagan and left-handed reliever Jeremy Affeldt. So far, he said, his staff has spoken only "informally" about what's next as everyone wanted to get through Wednesday's festivities before starting in earnest.

Scutaro, who celebrated his 37th birthday Tuesday and then partied with his teammates a day later before they part ways for the winter, said it's a no-brainer he would like to return.

"What a question. Of course I want to come back," Scutaro said. "Sometimes there are decisions you can't control. I don't know what they're thinking, what other teams are thinking. I just have to wait. The only thing I can say is I hope everything works out because I want to come back here."

THE ASSOCIATED PRESS



Fans line Market Street in San Francisco on Wednesday to celebrate the Giants' World Series championship. EZRA SHAW/GETTY IMAGES

Championship support

Giants share love with fans

Orange-and-black-clad hordes flooded the streets of San Francisco on Wednesday for a ticker-tape parade celebrating the World Series champion Giants — a Halloween treat made even sweeter as a repeat performance from 2010.

Tens of thousands of people decked out in the team's holiday-appropriate colours stood 30-deep behind barriers, climbed trees and mounted rooftops along the city's main commercial street to watch their favourite players wave from convertibles.

"The support they gave us was unwavering," Giants manager Bruce Bochy said of the fans.

"Even when we were six to seven games back, they kept filling the park," he added. "They never gave up on us. They are like part of the club."

THE ASSOCIATED PRESS

Pacers rip win from Raptors' grasp



Pacers Tyler Hansbrough and Paul George battle for the ball with Raptors centre Jonas Valanciunas on Wednesday in Toronto. NATHAN DENETTE/THE CANADIAN PRESS

David West scored 14 of his 25 points in the fourth quarter Wednesday as the Indiana Pacers edged Toronto 90-88, spoiling what had been a thrilling Raptors' regular-season opener at Air Canada Centre.

Kyle Lowry scored 21 points, while Jonas Valanciunas had 12 points and 10 rebounds in his NBA debut for the new-look Raptors.

Five Raptors scored in double figures as Andrea Bargnani added 16, Jose Calderon finished with 15, and DeMar DeRozan finished with 10.

Roy Hibbert and Paul George added 14 apiece for the Pacers.

The Raptors took a 71-63

Opening night

90 88
Pacers Raptors

lead into the fourth quarter of nailbiting see-saw battle that featured 15 lead changes to that point. But some major defensive lapses left a wide-open West draining shot after shot in the final few minutes, with his basket with 1:20 left pulling the visitors to within 88-87.

THE CANADIAN PRESS

Raptors swing a deal

The Raptors agreed on a contract extension with forward DeMar DeRozan ahead of Wednesday's midnight deadline.

- According to sources, the 23-year-old agreed to terms on a four-year deal worth \$38 million.
- DeRozan played in 63 games last season, averaging 16.7 points, two assists and 3.3 rebounds per game.

Tennis

Raonic tops Chardy in Paris

Canadian Milos Raonic reached the third round of the Paris Masters with a 6-7(4), 7-6(4), 6-3 win over Jeremy Chardy on Wednesday. Raonic kept his hopes alive for a late spot at the World Tour Finals in London. THE CANADIAN PRESS

NBA

Harden signs 5-year deal with Rockets

James Harden agreed to a five-year, \$80-million contract with the Houston Rockets on Wednesday.

The Rockets acquired the reigning Sixth Man of the Year in a stunning trade with Oklahoma City on Saturday night. Harden was expected

to start in Houston's season opener against the Pistons in Detroit on Wednesday night.

Rockets general manager Daryl Morey called Harden a "foundational player" at his introductory press conference this week. He'll become the featured player in Houston after three seasons playing behind Kevin Durant and Russell Westbrook in Oklahoma City.

THE ASSOCIATED PRESS



New Rockets guard James Harden.

THE ASSOCIATED PRESS FILE

MLB

Oliver, Davis back with Jays

The Toronto Blue Jays exercised the \$3-million US club option on left-hander Darren Oliver's contract Wednesday and signed outfielder Rajai Davis to a \$2.5-million, one-year deal.

THE CANADIAN PRESS

SOCCKER MLS

WILD CARDS

Wednesday's result
Houston at Chicago,
Thursday's game
Vancouver at Los Angeles, 10:30 p.m.

ENGLAND

LEAGUE CUP FOURTH ROUND

Yesterday's results
Chelsea 5 Manchester United 4 (AET)
Liverpool 1 Swansea 3
Norwich 2 Tottenham 1

GERMANY

GERMAN CUP

SECOND ROUND
Yesterday's results
Karlsruher SC 1 Duisburg 0
Arminia Bielefeld 2 Bayer Leverkusen 3 (AET)
Kickers Offenbach 2 Union Berlin 0
Stuttgart 3 St. Pauli 0
Bayern Munich 4 Kaiserslautern 0
Wolfsburg 2 FSV Frankfurt 0
Fortuna Duesseldorf 1 Borussia
Moenchengladbach 0 (AET)
Hannover 1 Dynamo Dresden 1 AET
(Hannover wins 4-3 on penalties)

ITALY

SERIE A

Yesterday's results
Atalanta 1 Napoli 0
Cagliari 4 Siena 2
Chievo 2 Pescara 0
Inter Milan 3 Sampdoria 2
Juventus 2 Bologna 1
Lazio 1 Torino 1
Parma 3 Roma 2
Udinese 2 Catania 2

SCOTLAND

LEAGUE CUP

Yesterday's results
Dundee United 1 Hearts 1
(Hearts won 5-4 on penalty kicks)
The Rangers FC 0 Inverness C.T.F.C 3

SPAIN

COPA DEL REY

FIRST ROUND
Yesterday's results
Real Jaen 1 Atletico de Madrid 3
Cacereno 3 Malaga 4
Las Palmas 1 Rayo Vallecano 0
Almeria 2 Celta 0
Zaragoza 1 Granada 0
Alcoyano 1 Real Madrid 4

SWEDEN

ALLSVENSKANLIGA

Yesterday's results
Djurgardens IF FF 1 Syrianska FC 1
Helsingborgs IF 2 IFK Goteborg 0
Kalmar FF 0 IFK Norrkoping 2

TENNIS

WTA

QATAR AIRWAYS TOURNA- MENT OF CHAMPIONS

At Sofia, Bulgaria
Round Robin
Singles
Serdika Group
Caroline Wozniacki (1), Denmark, def. Robert-
ta Vinci (4), Italy, 6-3, 6-1.
Standings: Wozniacki 2-0 (sets 4-0); Vinci 1-1
(2-2); Hantuchova 0-1 (0-2); Hsieh Su-Wei 0-1
(0-2).
Sredets Group
Nadia Petrova (2), Russia, def. Zheng Jie (6),
China, 6-3, 6-3.
Maria Kirilenko (3), Russia, def. Tsvetana
Pironkova (8), Bulgaria, 6-1, 6-4.
Standings: Petrova 1-0 (2-0); Kirilenko 1-0 (2-
0); Pironkova 1-1 (2-3); Jie 0-2 (1-4).

ATP

WORLD TOUR BNP PARIBAS MASTERS

At Paris
Singles
Second Round
Seedings in parentheses
Sam Querrey, United States, def. Novak
Djokovic (2), Serbia, 0-6, 7-6 (5), 6-4.
Andy Murray (3), Britain, def. Paul-Henri
Mathieu, France, 7-5, 6-3.
David Ferrer (4), Spain, def. Marcel Gra-
nollers, Spain, 6-1, 6-3.
Juan Martin Del Porto (7), Argentina, def.
Alejandro Falla, Colombia, 6-2, 6-2.
Janko Tipsarevic (8), Serbia, def. Igor Sijsling,
Netherlands, 6-4, 7-6 (0).
Juan Monaco (9), Argentina, def. Grigor Dim-
itrov, Bulgaria, 7-6 (4), 6-2.
Michael Llodra, France, def. John Isner (10),
United States, 6-4, 7-6 (5).
Nicolas Almagro (11), Spain, def. Albert
Ramos, Spain, 7-6 (1), 6-7 (4), 6-3.
Kevin Anderson, South Africa, def. Richard
Gasquet (12), France, 7-6 (5), 4-6, 6-1.
Milos Raonic (14), Thornhill, Ont., def. Jere-
my Chardy, France, 6-7 (4), 7-6 (4), 6-3.
Gilles Simon, France, def. Victor Hanesuc, Ro-
mania, 7-5, 6-3.
Doubles
First Round
Josselin Ouanna and Nicolas Renavand,
France, def. Benoit Paire, France, and Stanislas
Wawrinka, Switzerland, 6-3, 6-4.
Santiago Gonzalez, Mexico, and Scott Lipsky,
United States, def. Carlos Berlocq, Argentina
and Denis Istomin, Uzbekistan, 6-2, 4-6, 10-4.
Second Round
Marin Cilic, Croatia, and Marcelo Melo, Brazil,
def. Robert Lindstedt, Sweden, and and Horia
Tecau (3), Romania, 6-3, 3-2 retired.
Mariusz Fyrstenberg and Marcin Matkowski
(4), Poland, def. Colin Fleming and Ross
Hutchins, Britain, 3-6, 6-3, 10-5.
Maz Mirnyi, Belarus, and **Daniel Nestor (2),**
Toronto, def. Christopher Kas, Germany, and
Andreas Seppi, Italy, 7-6 (3), 6-2.
Julien Benneteau and Adrian Mannarino,
France, def. Daniele Bracciali, Italy, and Fran-
tisek Cermak, Czech Republic, 6-4, 6-4.

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Manchester	6	5	1	0	0	23	11	10
St. John's	8	4	4	0	0	21	26	8
Portland	7	3	3	1	0	31	29	7
Worcester	7	2	4	0	1	20	27	5
Providence	6	2	4	0	0	13	20	4

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	7	5	1	0	1	21	12	11
Bridgeport	6	4	2	0	0	19	20	8
Connecticut	7	3	3	1	0	27	26	7
Adirondack	7	3	4	0	0	18	26	6
Albany	6	2	4	0	0	14	14	4

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Norfolk	6	5	1	0	0	23	15	10
Syracuse	7	4	1	1	1	25	25	10
Binghamton	7	3	3	1	0	16	20	7
Hershey	7	3	3	1	0	21	21	7
W-B/Scranton	7	2	5	0	0	17	20	4

Wednesday's result

Charlotte at Milwaukee, 8 p.m.

Thursday's games — All Times Eastern

Lake Erie at Peoria, 8:05 p.m.

Toronto at Abbotsford, 10 p.m.

Friday's games

Syracuse at Adirondack, 7 p.m.

Connecticut at Albany, 7 p.m.

Wilkes-Barre/Scranton at Manchester, 7 p.m.

Hershey at Springfield, 7 p.m.

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Rochester	8	5	2	1	0	33	29	11
Abbotsford	7	4	1	0	2	25	16	10
Lake Erie	8	5	3	0	0	27	19	10
Hamilton	6	3	2	1	0	15	18	7
Toronto	6	3	2	0	1	17	17	7

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Chicago	8	5	2	1	0	21	22	11
Rockford	8	4	3	0	1	21	21	9
Grand Rapids	7	2	3	1	1	24	28	6
Peoria	7	2	4	1	0	10	24	5
Milwaukee	6	2	4	0	0	12	18	4

SOUTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	8	6	1	0	1	32	18	13
Houston	7	4	2	1	0	27	19	9
Oklahoma City	7	4	3	0	0	24	22	8
Texas	7	3	4	0	0	15	23	6
San Antonio	7	2	4	0	1	14	20	5

Worcester at Providence, 7:05 p.m.

Hamilton at Rochester, 7:05 p.m.

Binghamton at Norfolk, 7:30 p.m.

St. John's at Portland, 7:30 p.m.

Lake Erie at Milwaukee, 8 p.m.

Houston at Oklahoma City, 8 p.m.

Chicago at Rockford, 8:05 p.m.

Grand Rapids at San Antonio, 8:30 p.m.

Toronto at Abbotsford, 10 p.m.

TRANSACTIONS

MLB

AMERICAN LEAGUE

BALTIMORE ORIOLAS—Exercised their 2013 contract option on RHP Luis Ayala. Declined their 2013 contract option on INF Mark Reynolds, who remains arbitration eligible.
CLEVELAND INDIANS—Named Sandy Alomar bench coach, Mickey Callaway pitching coach, Kevin Cash bullpen coach, Brad Mills third base coach, Mike Sarbaugh first base coach and Ty Van Burkleo hitting coach. Exercised their 2013 contract option on RHP Ubaldo Jimenez. Declined their 2013 contract options on DH Travis Hafner and RHP Roberto Hernan-
dez. Sent C/OF Vinny Rottino and RHP Kevin Slowey outright to Columbus (IL).
DETROIT TIGERS—Sent INF/OF Don Kelly outright to Toledo (IL).
KANSAS CITY ROYALS—Declined their 2013 contract option on RHP Joakim Soria. Acquired RHP Ervin Santana and cash from the Los Angeles Angels LHP Brandon Sisk.
NEW YORK YANKEES—Announced RHP Rafael Soriano opted out of the final year of a three-year contract. Announced INF Casey McGehee refused a minor league assignment to become a free agent. Returned RHP Brad Meyers, a Rule 5 draft pick, to Washington.
TAMPA BAY RAYS—Exercised their 2013 contract options on RHP James Shields, RHP Fernando Rodney and C Jose Molina. Declined their 2013 contract option for DH Luke Scott.
TORONTO BLUE JAYS—Claimed LHP Scott Maine off waivers from Cleveland. Reinstated RHP Kyle Drabek, LHP J.A. Happ, RHP Drew Hutchison, RHP Dustin McGowan, LHP Luis Perez and RHP Sergio Santos from the 60-day DL. Designated OF Scott Cousins and RHP

David Herndon for assignment. Exercised their 2013 contract option on LHP Darren Oliver. Declined the 2013 contract option for OF Rajai Davis and signed him to a one-year contract.

NATIONAL LEAGUE

PITTSBURGH PIRATES—Named Jay Bell hit-
ting coach, Rick Sofield first base coach and Dave Jauss major league coach. Exercised their 2013 contract option on 3B Pedro Al-
varez. Declined their 2013 contract option on C Rod Barajas. Released LHP Hisanori Taka-
hashi.

NBA

GOLDEN STATE WARRIORS—Agreed to terms with G Stephen Curry on a four-year contract extension.
OKLAHOMA CITY THUNDER—Signed C Daniel Orton.

NFL

CLEVELAND BROWNS—Signed DL Hall Davis to the practice squad.
NEW ENGLAND PATRIOTS—Re-signed LB Mike Rivera and DB Derrick Martin. Released DB Sterling Moore. Released TE Alex Silvestro from the practice squad.
TAMPA BAY BUCCANEERS—Claimed CB Dan-
ny Gorrer off waivers from Seattle. Signed G Chris Scott to the practice squad.
TENNESSEE TITANS—Signed G/C Kyle DeVan. Waived S Tracy Wilson.

AHL

PEORIA RIVERMEN—Announced F Brett Sonne was reassigned to the team from Evansville (ECHL).

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
New England	5	3	0	.625	262	170
Miami	4	3	0	.571	150	126
Buffalo	3	4	0	.429	171	227
N.Y. Jets	3	5	0	.375	168	200

SOUTH

	W	L	T	Pct	PF	PA
Houston	6	1	0	.857	216	128
Indianapolis	4	3	0	.571	136	171
Tennessee	3	5	0	.375	162	257
Jacksonville	1	6	0	.143	103	188

NORTH

	W	L	T	Pct	PF	PA
Baltimore	5	2	0	.714	174	161
Pittsburgh	4	3	0	.571	167	144
Cincinnati	3	4	0	.429	166	187
Cleveland	2	6	0	.250	154	186

WEST

	W	L	T	Pct	PF	PA
Denver	4	3	0	.571	204	152
San Diego	3	4	0	.429	154	144
Oakland	3	4	0	.429	139	187
Kansas City	1	6	0	.143	120	209

WEEK NINE

Thursday's game — All Times Eastern

Kansas City at San Diego, 8:20 p.m.

Sunday, November 4

Detroit at Jacksonville, 1 p.m.

Chicago at Tennessee, 1 p.m.

Denver at Cincinnati, 1 p.m.

Buffalo at Houston, 1 p.m.

Miami at Indianapolis, 1 p.m.

CFL

WEEK 19

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Montreal	17	11	6	0	467	470	22
x-Toronto	17	8	9	0	402	451	16
Hamilton	17	6	11	0	498	533	12
Winnipeg	17	5	12	0	357	520	10

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
y-B.C.	17	12	5	0	462	348	24
x-Calgary	17	11	6	0	505	403	22
x-Saskatchewan	17	8	9	0	451	392	16
Edmonton	17	7	10	0	395	420	14

x — Clinched playoff berth.

y — Clinched division.

Thursday's game — All Times Eastern

Hamilton at Toronto, 7:30 p.m.

Friday's game

Calgary at Edmonton, 9 p.m.

Saturday's games

Montreal at Winnipeg, 3 p.m.

Saskatchewan at B.C., 10 p.m.

END OF CFL REGULAR SEASON

SCORING LEADERS

(x—scored two-point convert)

	TD	C	FG	S	Pts
McCallum, BC	0	46	41	7	176
Paredes, Cal	0	46	37	1	158
Congi, Ham	0	45	36	2	155
Whyte, Mtl	0	49	32	8	153
Palardy, Wpg	0	30	36	5	143

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
N.Y. Giants	6	2	0	.750	234	161
Philadelphia	3	4	0	.429	120	155
Dallas	3	4	0	.429	137	162
Washington	3	5	0	.375	213	227

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	7	0	0	1.000	201	130
Tampa Bay	3	4	0	.429	184	153
New Orleans	2	5	0	.286	190	216
Carolina	1	6	0	.143	128	167

NORTH

	W	L	T	Pct	PF	PA
Chicago	6	1	0	.857	185	100
Minnesota	5	3	0	.625	184	167
Green Bay	5	3	0	.625	208	170
Detroit	3	4	0	.429	161	174

WEST

	W	L	T	Pct	PF	PA
San Francisco	6	2	0	.750	189	103
Arizona	4	4	0	.500	127	142
Seattle	4	4	0	.500	140	134
St. Louis	3	5	0	.375	137	186

Carolina at Washington, 1 p.m.

Arizona at Green Bay, 1 p.m.

Baltimore at Cleveland, 1 p.m.

Tampa Bay at Oakland, 4:05 p.m.

Minnesota at Seattle, 4:

Horoscopes

♈ Aries

March 21 - April 20
At some stage today, you will have to admit that you got it wrong about someone - to whom you took a disliking. It seems they are not so bad after all. Who knows, given time you may even become friends.

♉ Taurus

April 21 - May 21
Someone in a position of power will make things happen for you, and you should be suitably grateful. Your path to the top will be a lot smoother if you become friends with people who can open doors for you.

♊ Gemini

May 22 - June 21
If you are on the move today, you will enjoy your journey more if you travel with like-minded people. Be adventurous but be friendly too. You won't have to try too hard to make a good impression.

♋ Cancer

June 22 - July 23
If you need to get back on good terms with someone you have fallen out with, now is the time to work things out. Don't let your pride stop you from making the first move. Soon you will be best buddies again.

♌ Leo

July 24 - Aug. 23
If you are looking for a new love, you may find it over the next 24 hours. However, as romance planet Venus opposes changes planet, Uranus, it may not be long-lasting, so don't take it too seriously.

♍ Virgo

Aug. 24 - Sept. 23
Strive to stay on good terms with people you have to work with on a day-to-day basis. The last thing you want is to fall out with someone whose presence you cannot avoid. Be nice. It's not so difficult.

♎ Libra

Sept. 24 - Oct. 23
You need to talk over your differences with a loved one who has been difficult to get along with of late. Most likely the cause of their annoyance is petty and easily resolved. Approach them about it today.

♏ Scorpio

Oct. 24 - Nov. 22
Because you don't like to let strangers see your vulnerable side, you can at times seem a bit hard and emotionally distant. What happens today will show your caring, sharing side. Some may be surprised it exists!

♐ Sagittarius

Nov. 23 - Dec. 21
No matter how much you know or think you know, there is always something new to learn and what you discover today could change your life in so many ways. Never stop loving, laughing and learning.

♑ Capricorn

Dec. 22 - Jan. 20
There is no point worrying too much about your cash flow but on the other hand you cannot afford to ignore it completely. Changes (and savings) need to be made but they don't have to be excessive.

♒ Aquarius

Jan. 21 - Feb. 19
No matter how ambitious you may be, you know it is never right to take advantage of other people to get to the top. Someone you work with needs to be reminded of that fact today — maybe quite sharply.

♓ Pisces

Feb. 20 - March 20
Forget about what might have been. Think only about what will be. There is no point feeling regret or remorse. It won't change a thing. Today is the first day of the rest of your life. Use it and enjoy it.
SALLY BROMPTON

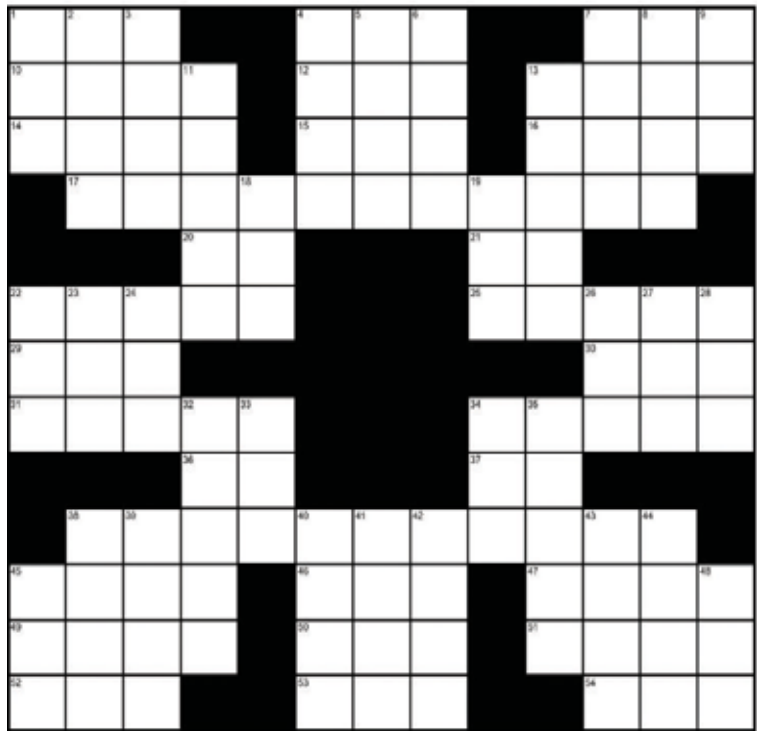
Canadian Crossword

Across

1. Pigs abode
2. Response to a ques.
7. Resort
10. Blouse or skirt line
12. — Paulo, Brazil
13. Nova
14. Allowance
15. Feel poorly
16. Army vehicle
17. Winter happenings (2 words)
20. "Shall — Dance"
21. Weatherman Roker
22. Rent
25. Actor/Director Woody —
29. Actress Dolenz
30. Food for Mister Ed
31. A great lake
34. Due —
36. South Carolina neighbour (abbr.)
37. Et —, Brute
38. Varieties
45. Healing lotion
46. Mineral
47. Gab
49. Ernie's buddy
50. Pub
51. Merit
52. File extension
53. Ogle
54. Embroider

Down

1. Supersonic jet
2. Afternoon socials
3. Kitten plaything
4. Quickly
5. Hammer partner
6. By oneself
7. Ollie's partner
8. Agony
9. Noah's vessel
11. Cat's cries

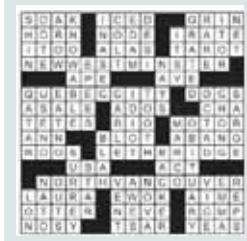


13. Yet
18. Tiny
19. Babies cry
22. — de dah
23. Australian bird
24. The Fresh Prince of Bel —
26. Ed Asner role on The Mary Tyler Moore Show

27. Consume
28. Ultimate degree
32. Beginning
33. Non-commissioned Officer (abbr.)
34. Sault — Marie
35. An — of prevention....
38. Jeopardy host

39. Achy
40. Judge's garment
41. Waiter's burden
42. Only
43. — 70's Show
44. Gilbert of The Talk
45. President Lincoln, to some
48. Dynamite

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

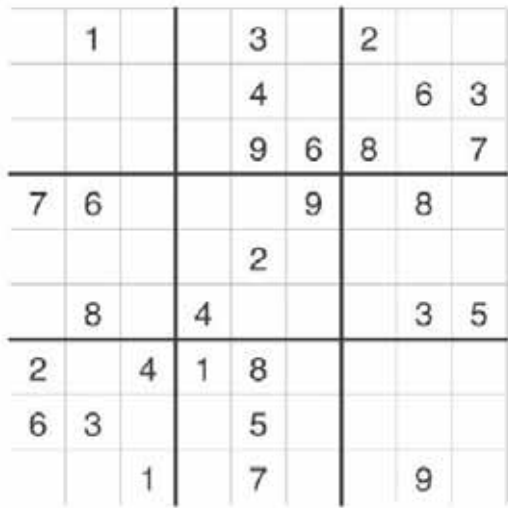
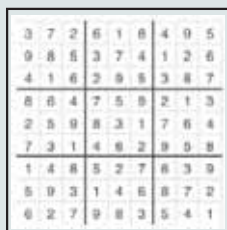


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Today

9°/2°

Showers

70%

Friday

6°/1°

Showers

40%

POINTCAST

Get Your 1km Weather

www.theweathernetwork.com/pointcast

TWN incorporates MSG data

Sharability



easy

hard

QuestChat

NORTH AMERICA'S BUSIEST CHAT LINE

FREE TRIAL

613.232.4444

Other Cities 1.888.482.8282

questchat.com

THE QUESTCHAT "QUEST" TEXT MESSAGE SERVICE. FREE TRIAL. 18+ RESTRICTIONS APPLY.

**fun
for the
whole
family...**

**Bring your
pets!**

**kids
are
free!** **\$12
at the
door**
17 & under

featuring...



The fastest growing
sport on four legs!



Special
appearances by
BOB FM's



**Sandy
Sharkey**

**Cub
Carson**



Canada's Healthy Choice For Pets

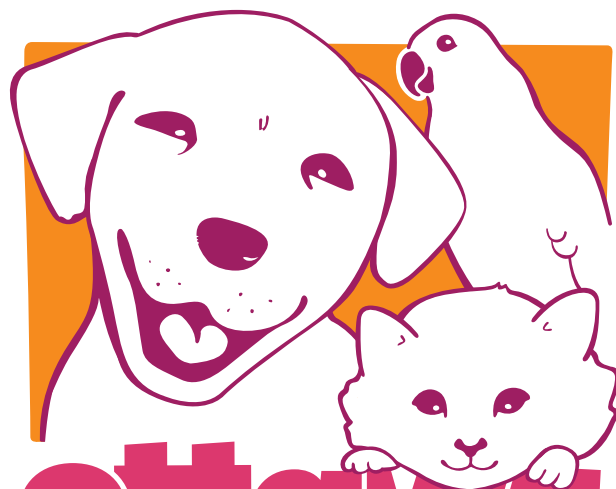


Official Charity Partner

CANADIAN KIOSK ONLINE CITY GUIDES SYSTEM

Brought to you by

**Can1east
SHOWS Inc.**



**ottawa
pet
expo!**

november 10-11

CE Centre, 4899 Uplands Dr.

Saturday 10am - 6pm, Sunday 10am - 5pm



ottawapetexpo.ca

[@ottawapetexpo](https://twitter.com/ottawapetexpo) [f/ottawapetexpo](https://facebook.com/ottawapetexpo) #ottawapetexpo



**2 for 1
admission**

Two people can enter for the price of
one ticket all weekend. Can't be used
with other offers.

**november
10-11, 2012
CE Centre
4899 Uplands Dr.**

ottawapetexpo.ca

Bring your pets!



OPS12METNOV1